



New Exhibit At ACT Gallery



Painting by Martha Dodd

Arts for ACT Gallery, located at 2265 First Street in downtown Fort Myers, will hold an opening reception on Friday, January 6 during Art Walk. The new exhibit features Martha Dodd, Cynthia Egan and ACT co-op artists. Martha Dodd grew up in Ohio, the daughter of an artist and a physician. As a



Cosmos Chaos by Cindi Egan

images courtesy Arts for ACT

child, Dodd was surrounded by an impressive art library supplied by her mother, including large volumes of works by Leonardo Da Vinci and Michelangelo. Most impressive to her were the enormous murals created by these masters. Dodd loved to draw, and took every art class that was available to her during the school year, and even some summer courses at the College of Wooster, Ohio. An avid horse lover, she attended the Agricultural Technical Institute, majoring in horse management for a year, then transferred to Ohio State University where she earned her bachelor of science in animal science in 1983. She originally intended to become a veterinarian,

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Christmas Sculpture On Display

The Heart of Christmas (Coeur de Noel) made its debut during the annual tree lighting ceremony at Holiday in the Park on December 10. The Heart of Christmas is a giant light sculpture, shaped like a Christmas ornament, that will remain in Clemente Park through the holidays.

Fort Myers Mayor Randy Henderson led the countdown to light the park's 35-foot tree and the new light sculpture. It was accompanied by a drumroll, courtesy of the Dunbar High School band.

The walk-through light sculpture was added to the festival as a replacement for the deteriorated holiday pole lights that were hung along Dr. Martin Luther King, Jr. Boulevard for more than 10 years.✱



The Heart of Christmas light sculpture

photo courtesy City of Fort Myers

Poetry And Art Reception

Celebrate poetry and art during the opening reception for BroadSides: Poetry off the Shelf at the Alliance for the Arts on Thursday, January 12 at 7 p.m. BroadSides features the words of 15 poets merged with images created by 15 visual artists into printed posters.

"BroadSides are a form of written communication, typically designed to be posted in a public place," said Krista Johnson, exhibitions coordinator. "Traditionally, broadsides contain a mixture of text and images."

Participating artists include Juli Bobman, Katherine Boren, Andy Browne, Brian Cast, Geoff Coe, Laurent Dareau, Paula Eckerty, David Gittleman, Ken Lamers, Colleen North, Rick Plummer, Sherry Rohl, Beverly Taht, Sarah Tumm and Pat Zalisko.

Participating poets include Ray Baldwin, Jamilla D. Brooks, Sherry Campbell, Sara Fitzpatrick Comito, Lee Dunne, Dan Reed England, Richard Fox, Dan Graveley, John Merchant, Joseph Pacheco, Dobie Pasco, Joyce Peseroff, Sharon Whitehill, Lorraine Walker Williams and Joan Heller Winokur.

There is a \$10 suggested donation. Limited edition prints of the BroadSides will be exhibited in the Alliance theater lobby until January 28 and will be available for purchase.

Alliance for the Arts is located at 10091 McGregor Boulevard. For more information, visit www.ArtInLee.org or call 939-2787.✱

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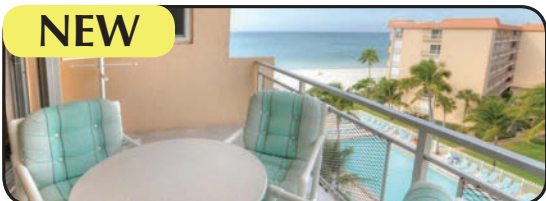


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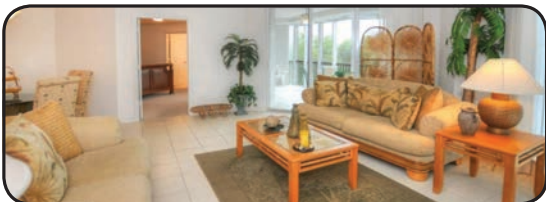
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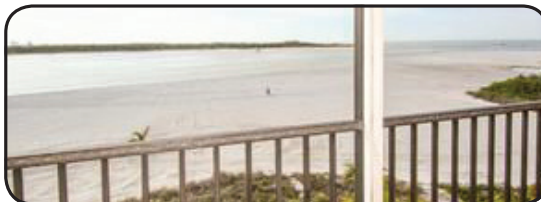
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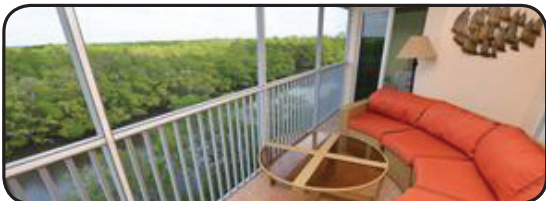
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Historic Downtown Fort Myers, Then And Now:

An Electrifying New Year



by Gerri Reaves, PhD

This historic photo might look very impressive, but the rustic machinery in the photo powered an historic event at dusk on New Year's Day 1898.

Pictured is the Seminole Electric plant, which illuminated the streets of Fort Myers for the first time.

On the right are a wheel and belt, components of a dynamo, and wires stretches across the ceiling. Someone is standing center at the back of the room and looking towards the camera.

Private electric lights had actually existed in town since 1887, when they were installed at the Thomas A. Edison property. After all, how could the great inventor pursue his laboratory work with-

out adequate lighting at any hour he fancied?

There was talk of Edison providing electric lights for the town, but those hopes never were realized.

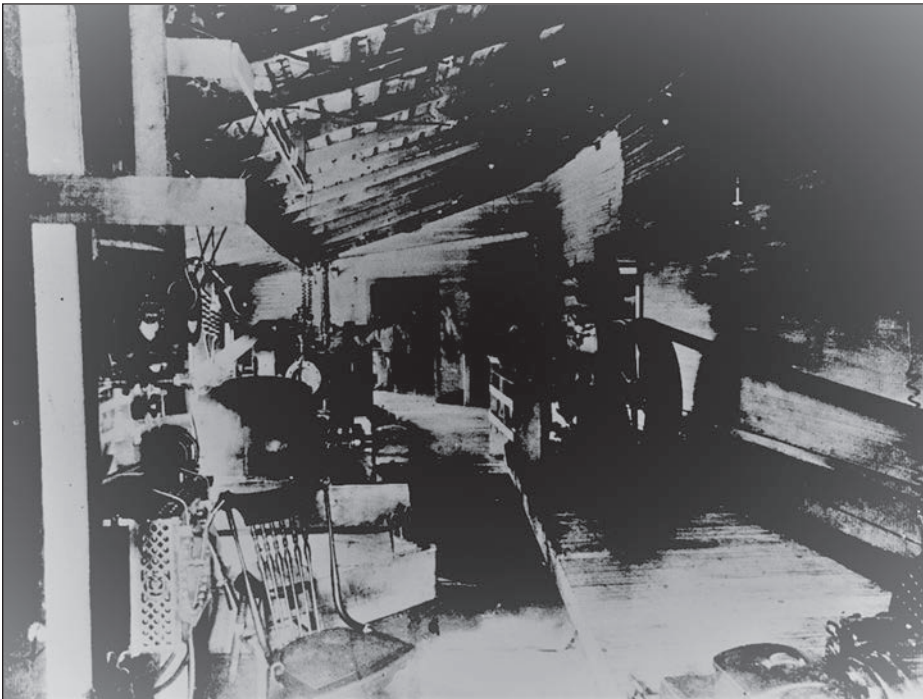
The 103 lights that brightened Fort Myers on January 1, 1898 were the first publically funded electric service in town and brought the 20th century a bit early to Fort Myers.

That leap in progress resulted from an agreement made the previous October between the town council and Albertus A. "Bertie" Gardner's Seminole Canning Company for a five-year franchise to supply electricity. (It was soon extended to 10 years.)

Gardner would receive \$300 per year for providing 10 32-candlepower incandescent streetlights that would line First Street from the Royal Palm Hotel (located at the foot of today's Royal Palm Avenue) west to Citrus Street (just east of Monroe).

In those days, that was pretty much the entire business district.

The agreement allowed for 103 lights in Fort Myers, with customers being charged 35



Bertie Gardner's Seminole Electric Company was the town's first commercial electric plant. It powered lights for the first time at dusk on New Year's Day 1898.

photo courtesy SWFL Museum of History



The former site of Seminole Power & Ice Company was on the east side of Lee Street, south of Second. The First Presbyterian Church steeple is on the far left.

photo by Gerri Reaves

cents per week for each 16-candlepower light.

In late November, poles were being erected in preparation for putting up the wiring. The dynamo was expected to arrive by the time those tasks were completed.

At dusk on New Year's, "a bright, soft light suddenly appeared in all the stores and houses connected with the electric light plant..." the *Fort Myers Press* reported.

There was one brief shut-off, but it was soon adjusted. Two nights later, the lights were "bright, white, fully up to standard."

Gardner's new plant was announced a "perfect success."

Four days after First Street was lit up, 98 lights turned on in the new Royal Palm Hotel.

The luxurious hotel had all-night service, but in the homes and businesses of ordinary customers, blinking lights at 10:45 p.m. warned that electric service would cease at 11 p.m.

So who was this man who knew a profitable cutting-edge business opportunity when it presented itself?

Bertie Gardner had come to Fort Myers in 1883 from Ohio. With his father, William P. and sister Miranda M. Gardner, he established the successful Seminole Canning Company in 1888.

He also started the town's first plant nursery, importing tropical fruits such as loquats, tangerines, mandarin oranges, mangos, guava, as well as various ornamental plants from Cuba and other spots.

They built the "jelly factory" next to the circa-1884 family home on the southeast corner of Second and Lee Streets (today First Presbyterian Church property). There, they processed and shipped jams and marmalades around the world.

Gardner had long wanted to start an electric plant, so when the grand Royal Palm Hotel was under construction, he managed to sign it up as his first customer.

The hotel would be first business in Fort Myers to be wired for electricity and the plan included an on-site electric plant. Gardner's plant made that unnecessary – a twist on out-sourcing.

The size of the deal with the hotel and the town provided the investment money for the machinery, which by today's standards appears a bit primitive.

The electric company in the historic photo was located on Lee just south of the family home.

The venture turned out to be so promising, however, that only four months later, he

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

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Davis Art Center Announces 2017 Chamber Concert Series



American Virtuosi

photos courtesy SBDAC

The Sidney & Berne Davis Art Center (SBDAC) announced the 2017 Chamber Series Concerts, which brings world renown classical chamber ensemble performances to downtown Fort Myers each year.

This year, the Chamber Series will feature four performances by some of most in-demand musicians from around the country. First, the Curtis Chamber Orchestra embarks on a memorable two-part journey through two of Mozart’s violin concertos, with soloists drawn from the orchestra, as well as the exquisite *Sinfonia Concertante* with Shmuel Ashkenasi and Roberto Díaz on Tuesday, January 10.

Next, hear the James Ehnes Quartet perform on Thursday, February 9. The quartet’s highly refined, sensitive and expressive performances have delighted audiences and critics across North America, Europe and Asia, and have made them one of the most sought after chamber groups performing today. Then, on Friday, February 24, pay

tribute to one of music’s greats during Late Night with Leonard Bernstein – hosted and narrated by his daughter Jamie and featuring acclaimed soprano Amy Burton and pianists John Musto and Michael Boriskin – is an affectionate, multi-media portrait of the personal side of this singularly public figure.

On Friday, April 14, experience the performance power of the American Virtuosi Concert led by Davis Art Center director Jim Griffith. Every performances is sure to awe and inspire, so don’t miss this moving series.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.

Chamber Concert Series tickets are \$90. Individual concert tickets are \$29 in advance or \$35 at the door. Pre-concert cocktails and mingling begin at 7 p.m., followed by the performance at 8 p.m.

2017 Chamber Series Concerts

Curtis On Tour • Tuesday, January 10

Curtis On Tour is the Nina von Maltzahn global touring initiative of the Curtis Institute of Music. The Curtis Chamber Orchestra will perform two of Mozart’s five violin concertos with soloists from within the orchestra. The program’s highlight – the magnificent *Sinfonia Concertante* – features renowned violist Roberto Díaz, president of the Curtis Institute of Music, and legendary violinist and faculty member Shmuel Ashkenasi.

Ehnes Quartet • Thursday, February 9

Strings Magazine has hailed the Ehnes Quartet as “an important new force in the chamber music arena” with a “dream-team lineup.” The quartet is comprised of four internationally renowned string musicians: violinists James Ehnes, Amy Schwartz Moretti, and Richard O’Neill, and cellist Edward Arron. The quartet’s highly refined and expressive performances delight audiences and critics alike, and have made them one of the most sought after chamber groups performing today.

Late Night with Leonard Bernstein • Friday, February 24

A Multi-Media Cabaret: Late Night with Leonard Bernstein is a scintillating, and affectionate multi-media portrait of the personal side of this charismatic, singularly public figure. Hosted by his daughter Jamie and featuring acclaimed soprano Amy Burton and pianists John Musto and Michael Boriskin, this vibrant evening features Bernstein’s most intimate (and favorite) music. The show includes works by Copland, Confrey, Coward, Schubert and Chopin, along with personal stories, and even audio and film clips of the maestro himself. Experience the show that has captivated sold-out audiences across the United States since it premiered at Lincoln Center and Copland House.

American Virtuosi Concert • Friday, April 14

The American Virtuosi Concert, returning for a seventh season, will feature chamber music of the great masters combined with the talent of some of the world’s leading concert artists. The group includes violinist Peter Winograd, cellist Andres Diaz, violist Jim Griffith and pianist Wendy Chen. Experience the power of this world-class quartet.

Visit www.sbdac.com for more information or to purchase tickets.✱



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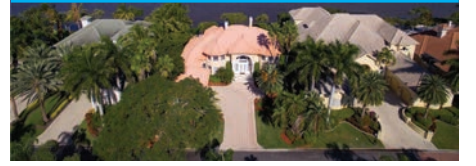
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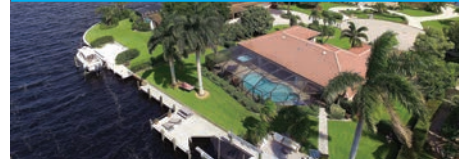
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Fort Myers Art:

Year-end Gifts Sought For Theater Home



by Tom Hall

There's no question about it – 2016 has been a watershed year of the Laboratory Theater of Florida. A grant from the Robert Rauschenberg and Southwest Florida Community

Foundations made it possible for The Lab to involve teenaged and young adult members of Southwest Florida's LGBTQ community in a groundbreaking production that gave voice to the issues they face as they transition from adolescence into adulthood.

Thanks to another grant, this time from the City of Fort Myers, The Lab was able to update its sound and lighting systems, making it possible to produce for the very first time high tech plays such as Arthur Kopit's *Wings*. And because of The Lab's enlightened community outreach and her own significant contributions to community theater in Southwest Florida, WGCU Public Media selected Artistic Director Annette Trossbach as one of the final five inductees to its prestigious college of

MAKERS: Women Who Make Southwest Florida.

But there's more to be done. Much, much more. But for this, The Lab needs the community's help. The old church The Lab presently calls home is so small, it barely accommodates 100 or so spectators for any single performance. And because it shares the space with the Kiwanis Club, its educational programs and community outreach efforts are severely curtailed. With interest in community theater growing exponentially, Lab Theater desperately needs a larger, more modern space for its productions and a permanent home that will permit it to expand its educational programs, community outreach and in-house staff and network of dedicated volunteers. And for these and a host of other reasons, Laboratory Theater of Florida hopes you will remember it in your year-end charitable and philanthropic plans.

"I founded Lab Theater because I want everyone's voice to be heard," said Trossbach. "Theater is entertainment, but it's also thought-provoking, eye-opening and healing." And from within the framework of this philosophy, The Lab gives opportunities to new artists – playwrights, actors, directors, designers – all year long. It also strives to create and maintain a delicate balance between recognizable crowd-pleasing shows and lesser-known, outstanding work.

While aggregating enough to fund the move to a new home is a tall order, every donation is appreciated and no donation is too small. Support from patrons, creative partners and business sponsors help offset the theater's numerous expenses



Funds could help launch Lab Theater toward its forever home photo courtesy www.artswf

and underwrite areas of interest specific to donors. For example, one donor gave money expressly for training people in lighting design. Other grants and donations can fund special lighting equipment, speakers, stage carpentry supplies, costumes, and other elements that make a production come to life. All donations keep The Lab on track with bringing the community toward conversations that make a difference in Southwest Florida.

The Laboratory Theater of Florida is a 501(c)(3) nonprofit organization that is dedicated to the promotion of the performing arts through live performances, education, community outreach, experimentation and the development of

ensemble work. The company features ensemble productions, produces classic works, takes artistic risks, and features and challenges local performers of various skill levels.

For more information, visit LaboratoryTheaterFlorida.com. To make a contribution, contact Trossbach at director@laboratorytheaterflorida.com or call 218-0481.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴

Continental Women's Club

The Continental Women's Club will meet on Thursday, January 5. The guest speaker will be from The Salvation Army.

The club's monthly meetings are held on the first Thursday of the month at 11:30 a.m. at Colonial Country Club, located at 9181 Independence Way in Fort Myers. The cost to attend the luncheon is \$19. Call 672-8683 before 8 p.m. on Sunday, January 1 to make a reservation for January's luncheon.

The annual scholarship fundraiser will be held on Monday, March 20 at Colonial Country Club from 11 a.m. to 3 p.m. There will be luncheon and a fashion show by Shops at Bell Tower. The gathering will also feature a raffle and auction. The cost to attend is \$30. To make reservations or for more information, call 223-6282.✴

From page 3

New Year

installed new upgraded equipment to supply the increasing demand for electricity.

The New Year's celebration over the new business venture was touched by family sadness, however, when Bertie's father died on the morning of January 2.

In 1901, the company was renamed Seminole Power & Ice Company, signaling the second modern miracle to herald the new century – ice! A new ice factory followed in 1905.

Bertie sold his business to Engineering and Utilities of New York (later known as Southern Utilities) in 1913 for \$104 thousand. It was subsequently purchased by Florida Power and Light Company in 1925.

Walk down to the site on Lee Street where Bertie Gardner electrified Fort Myers. Then, learn more about utility

history at the following two research centers.

The Southwest Florida Historical Society is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For information, call 332-8778 or visit leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, the Fort Myers Press, and The Story of Fort Myers by Karl H. Grismer. ✴

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Along The River

Christmas and Hanukkah weekend is upon us. While many music, art and other festivals take a break from scheduling, it may be time to visit a few places that feature lights, trees and other ornaments to help get into the holiday spirit.

The 60th annual **Holiday House** is open for its final day today in downtown Fort Myers. The Fort Myers Woman's Community Club has decorated both the historic **Burroughs and Langford Kingston homes** at 2505 and 2500 First Street in the traditional holiday colors of red, green, silver and gold with reindeers, pinecones, angels and cardinals. This year's theme is Let Heaven and Nature Sing.

Holiday House 2016 is open through Friday, December 23 from 5 to 9 p.m., with the last tour beginning at 8:30 p.m. Tickets are \$5 for adults, and children under the age of 10 are free. Veterans and active members of the military are free with identification. Santa Claus will be at the Langford-Kingston home to hear children's Christmas wishes.

The Burroughs Home & Gardens (2505 First Street) and the Langford-Kingston Home (2500 First Street) are owned by the City of Fort Myers and managed by the Uncommon Friends Foundation. Holiday House proceeds are used to manage and maintain the two homes year round.

Free parking is available behind Grace United Methodist Church at First and Fowler streets. No reservations are required. For more information, visit www.fmwcc.com or on Facebook at



The estate is lit up for the holiday season

HolidayHouseFortMyers.

Edison Ford Holiday Nights will be held at the **Edison & Ford Winter Estates** until January 1 2017. Labelled a "must see" holiday tradition in Southwest Florida, the homes and gardens of the Edison and Ford families are seasonally decorated with millions of lights and historic decorations.

Visitors will enjoy nightly entertainment, holiday tradition tours and, on select nights, Santa visits. There is also food service at the Ford Cottage Shoppe, sunset river cruises and the Edison and Ford estates, museum and lab are open nightly until 9 p.m. (except for Christmas eve and Christmas day).

General admission is \$20 for adults, \$10 for teens, \$2 for children ages 6 to

photo courtesy Edison Estates

12 and free for Edison Ford members. Guided tours fees: Adults \$30, Teens \$12, Children age 6-12 \$8, Edison Ford members \$5. Children age five and under are admitted free of charge.

Admission is valid from 5:30 to 9 p.m. Visitors purchasing daytime admission can add on Holiday Nights admission with a \$10 upgrade for general admission or \$20 for the guided tour (same day admission only). Holiday nights upgrades must be purchased in the Edison Ford ticket office. Regular prices apply for daytime visits. The estates are closed on December 25 and will close at 2 p.m. on December 24.

Go to www.edisonfordwinterstates.org for the complete Holiday Nights event schedule. Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in

Fort Myers.

The **Heart of Christmas** (Coeur de Noel), a giant light sculpture, is featured in **Clemente Park** through the holidays.

The Christmas ornament-shaped attraction made its debut during the annual tree lighting ceremony at Holiday in the Park on Saturday, December 10. The park also has a 35-foot tree.

The walk-through light sculpture was added to the festival as a replacement for the deteriorated holiday pole lights that were hung along Dr. Martin Luther King, Jr. Boulevard for more than 10 years.

Clemente Park is located at 1936 Henderson Avenue in downtown Fort Myers.

The **Mound House**, Fort Myers Beach's oldest standing structure that has recently been restored to its 1921 grandeur, is open as a cultural and environmental learning center with programming.

This Saturday, December 24, visit the 451 Connecticut site for a **guided museum tour** anytime between 9 a.m. and 3 p.m. Cost is \$5 plus museum admission. Call for availability.

There is also a **Calusa Indian Art** activity at 10 a.m. and a **Settlers of the Shells Tour** at 2 p.m. Both events are \$5 per person.

On Tuesday, December 27, visit Newton Beach Park for a **Guided Beach Walk**. The free excursion will teach you about all things found along the beachfront. Newton Beach Park is located at 4650 Estero Boulevard.

For more information and availability, visit ww.moundhouse.org or call 765-0865.*

Help Reduce Manatee Deaths

submitted by Katie Tripp, PhD

On December 2, 2016, the 98th manatee of the year died of watercraft-inflicted injuries in Florida. That made 2016 the new record year for manatees killed by watercraft in the state. The previous record, 97, was set in 2009. The number of manatee rescues necessitated by watercraft strikes is also up this year. The silver lining to their story is that someone reported their injuries, giving them the chance to be rescued and treated. Not all survived. Some contend that if we have more manatees, we'll have more injured and killed by boats. We don't subscribe to that line of thinking and don't know anyone who intentionally aims to injure manatees during a day of boating. But terrible injuries and suffering occur nonetheless, and we can do better. There must be a way for Floridians to enjoy boating and recreating on our waterways without hurting or killing manatees, and Florida's boaters may well know the answer. No one spends more time on Florida's waters or better understands the factors that lead to manatee strikes.

If you're a Florida boater and you have an idea about how to better protect our

manatees, contact us. Please limit your correspondence to positive contributions to this discussion. For example, the comment that manatees aren't native to Florida (they are) would not be helpful nor would a proposal to round up all of our manatees and put them somewhere else.

Please send your ideas to boatingsafety@savethemanatee.org with the subject line "Manatee Protection Idea." If we are to protect manatees and their habitat for centuries to come, we will all need to work together. There's no better time than the present to build that bridge. Let us hear from you. We are listening.

*Dr. Tripp has been the Save The Manatee Club's director of science and conservation since May 2008. She received her PhD in veterinary medical sciences from the University of Florida, where she conducted research on manatee physiology.**

Fort Myers Rec Offering Lifeguard Course

Department of Parks and Recreation will host the American Red Cross lifeguard certification course from January 6 to 8. The three-day course will be held at the Golfview Pool, located at 1865 Golfview Avenue in Fort Myers.

The purpose of the American Red Cross lifeguarding course is to teach candidates the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drownings and injuries.

Lifeguarding course students must be at least 15 years of age before the last scheduled class session, and should be experienced swimmers who are able to

demonstrate the following skills:

- 300-yard continuous swim of either freestyle or breaststroke
- A ten-pound object retrieval in six to eight feet of water in one minute and 40 seconds
- A two-minute tread, using legs only

Participants who successfully complete the class with a passing grade will receive a two-year American Red Cross Lifeguard Certification which covers lifeguarding rescue skills, CPR/AED and First Aid Skills. It is a nationally recognized certification and can be helpful when looking for employment.

The cost of the course is \$175. Pre-registration is required at the City of Fort Myers Aquatic Center, located at 1750 Matthew Drive in Fort Myers. Sign up between 8:30 a.m. and 5 p.m.

For more information, contact Amanda Dusick, aquatic supervisor with the City of Fort Myers, at 321-7553 or via email at adusick@cityftmyers.com.*

ICHIBAN

Chinese & Japanese Cuisine



OPEN 7 DAYS A WEEK

Mon-Thurs 11am - 10pm
Fri-Sat 11am - 11pm • Sun 12pm - 9pm

www.ichiban-sushi-chinese.com



Downtown Fort Myers (Post Office Arcade - Next to Hotel Indigo)

1520 Broadway For Takeout & Delivery Tel: 334-6991

FORT MYERS FARE

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails!

2163 Periwinkle Way, Sanibel. Call 472-0606.

LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Hours include Monday through Friday from 11 a.m. to 9 p.m. and



Chef Richard Howze sauteeing ratatouille at Summerlin Jake's Seafood and Steaks

photo courtesy Bob Petcher

Saturday from noon to 9 p.m.; closed Sunday.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505.

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377.

SUNDIAL BEACH RESORT & SPA

Voted Best Waterfront Dining in Southwest Florida!

Awarded Best New Restaurant 2016, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar as your meal is artfully prepared right before your eyes! Panoramic Gulf views await you at Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the terrace or dining room, or expertly rolled sushi

1451 Middle Gulf Drive, Sanibel 472-4151.

TERRA NOSTRA

Terra Nostra Ristorante Italiano serves classic Italian fare in the former Cork & Barrel suite in the Target center at 15880 San Carlos Boulevard.

Owners Fernando and Sao Uva welcome you to their new location after spending many years on Fort Myers Beach. They bring over Chef Anthony Grandepioggia and Maitre d' Reginald Beach. The establishment seats 156 people, including outdoor dining.

The mission of Terra Nostra is to serve homemade food in a restaurant environment. Try some of Fernando's hand-crafted specialties: Bouillabaisse, Chicken Monte Carlo and Penne a la Fiero. With these selections and house favorites, you will never leave hungry. Have a drink from the full liquor bar or sip from the many hand-selected wines or ports. A family atmosphere and attentive service will make your dinner a dinner to remember.

Terra Nostra is open six days a week from 4:30 to 10 p.m. It is closed Tuesday until further notice.

15880 San Carlos Boulevard, Suite 110, Fort Myers, 590-8147.



THE UVA FAMILY IS BACK!

"We still offer fine hand-crafted Italian meals. From our hand-selected wines to our house favorites, you will never leave hungry. We also have a full liquor bar and wide assortment of wines and ports. A warm, family atmosphere and attentive service will make your dinner a dinner to remember." -- Fernando Uva



Open 4:30pm Wednesday - Monday
Closed Tuesday for Now
www.TerraNostraDining.com

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. annunciation.fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 3 p.m., Wednesday 1 to 3 p.m. www.christiansciencefortmyers.net, www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 3 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

ST. FRANCIS XAVIER

CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Karen Kagan. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN

CHURCH (PCA)

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org✠



Purchases of unique gifts for recipients of all ages at the Mound House benefit the ongoing preservation and educational programs the Southwest Florida cultural landmark
photos courtesy Mound House

Gifts That Give: Museum, Kids Benefit From Mound House Shop Purchases

If kids are still on your holiday shopping list, there's a pleasant way to pick up some unusual, educational and fun gifts for them while supporting an important cultural landmark for their generation and future ones, too.

Shelves at the Mound House museum store are stocked with unique books, discovery kits, games and creative crafts for all ages, and purchases there benefit the nonprofit museum.

Prompt kids' creativity with *And Then* story-starter books, winners of Independent Publisher Book Awards. Little builders will enjoy the Solar Robot construction kit – recently a prestigious Toy Fair winner – and learn about green energy too. The Geckobot climbs walls and teaches a bit of physics; the Forensics Lab kit allows young science sleuths to find, collect and identify fingerprints. Or choose smart toys about gardens, weather and even the chemistry of candy. Gifts for adults as well include unique tribal masks, art prints, books and much more.

The recently restored Mound House cultural learning and environmental experience, on nearly three acres of beautifully landscaped bayfront grounds, is open Tuesdays, Wednesdays and Saturdays from 9 a.m. to 4 p.m. through December 31, with extended hours of Tuesday through Saturday 9 a.m. to 4 p.m. to come, January through April.

Southwest Florida's pleasant December weather offers a great time for a family outing. On Christmas Eve or New Year's Eve during the daylight hours, visit the museum, take a stroll of the grounds or paddle on Estero Bay. Check out the 2,000-year-old Calusa Indian shell mound or the masks, tools and other objects indoors in the museum collection.

Other exhibits on the grounds include archaeological evidence of the other peoples who lived there, including Cuban rancheros.

Admission to the Mound House is \$10 for adults, \$8 for students with college ID, \$5 for students 6 to 12, and free for kids 5 and under.

Special programs are offered each day the museum is open, from guided museum tours (\$5 plus museum admission; free for members) to workshops about Calusa art, tools and masks. Visit www.moundhouse.org for a schedule.

The Mound House, located at 451 Connecticut Street, is owned and operated by the town of Fort Myers Beach. Limited parking is available at and around the grounds with overflow parking at 216 Connecticut Street. The Mound House is a stop on the Fort Myers Beach trolley route.

Beginning on January 2, the Mound House will be open Tuesday through Saturday. Watch for boat trips to Mound Key beginning in January.

For more information, call 765-0865.*

Putt & Pub Crawl

Lahaina Realty and the Fort Myers Beach Parent Teacher Organization are teaming up again for a fundraiser in January. The 7th annual Putt & Pub Crawl will be held on Saturday, January 21 in the Fort Myers Beach business district.

Cost per team is \$225 for a team of four golfers and includes specials at each of the (watering) holes, raffles, dinner and more. The nine-hole creative course has stops at Matanzas on the Bay, Smokin Oyster Brewery, Yucatan Beach Stand, Pierside Grill and Famous Blowfish Bar, Pete's Time Out, La Ola, The Salty Crab Bar & Grill, The Cottage at Gulfshore

Grill and The Mermaid Lounge.

Course opens at 10 a.m. All nine holes in no particular order must be completed by 5 p.m. Each bar sponsor will supply each team member's club and ball. The 10th hole (after party) is from 4:30 to 6:30 p.m.

This year's fundraiser benefits the Beach PTO and Beach Soccer. Prizes will be awarded to first and second place teams, worst score (duffer's award), best dressed team, best team name as well as judges' and people's choice award for the hold sponsors.

If interested in signing up, contact Sarah Poppins at Lahaina Realty at sarah@fmbun.com or 463-0000 ext. 110.*

Cape Coral Festival Of The Arts

The Cape Coral Festival of the Arts, hosted annually by the Rotary Club of Cape Coral, will return to Downtown Cape Coral for its 32nd year. The festival will take place on Saturday and Sunday, January 14 and 15 from 10 a.m. to 5 p.m. on Cape Coral Parkway in downtown Cape Coral, located between Del Prado Boulevard and Vincennes Street. Admission and parking are free for festival attendees.

As one of Southwest Florida's largest art shows, this annual art event brings together the works of more than 300 juried artists and artisans from across the country. Exhibitors will showcase their fine art, sculpture, pottery, jewelry, photography, metal works, mixed media and much more. Free festival admission and parking will be provided along with area's largest collection of art, food, and fun for all ages.

This year's official event poster artist is Doug Lehnhardt. Lehnhardt, who has been painting for more than 40 years, is best known for his acrylic paintings of wildlife which employ a technique he developed from egg tempera and watercolor. His other notable paintings feature landscape scenes and fantasy themes, though he has also specialized in human and pet portraits for more than 35 years. Lehnhardt's art extends beyond canvas, as he also provides advertising layouts, website design, and other specialty artwork. Festival attendees are encouraged to stop by his booth at the festival. His work can be viewed by visiting www.DougsArt.net.

The 2017 Cape Coral Festival of the Arts event sponsors include Wonderland Realty, Experience Real Estate Group, Geico, The Beaches of Fort-Myers and Sanibel, Downtowner Car Wash, Intergraphic 2.0, Waste Pro, Destination Boat Clubs, *Happenings Magazine*, NBC-2, *The News-Press*, CapeCoral.com, Premier Wellness Group, Lamar Advertising, Direct Impressions and the South Cape Community Redevelopment Agency.

Volunteers are needed and sponsorship opportunities are still available. For more information about or to participate in the Cape Coral Festival of the Arts, call 699-7942 or visit CapeCoralFestival.com.*



Mama Cardinal by Doug Lehnhardt

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Find Your Own Low Water Honeyhole



by Capt. Matt Mitchell

Near perfect weather conditions along with my favorite winter set-up of minus low incoming tide proved to be the ideal set-up for the bite to go off this week. Besides

awesome action, the variety of species was outstanding, too. Snook, redfish and mangrove snapper were the main target species, along with some hard-fighting gag grouper and jack crevalle.

During the low minus tides we experience all winter, I spend most of my time fishing this set-up right on the wall that falls into deeper channels. These drop offs can be either natural or manmade channels. The deciding factor that can make or break one of these edges is it having strong tide movement. These channels are found throughout the

sound, add in some good structure and odds are the fish will be there.

Look for these channels and cuts that run through shallow exposed grass flats, creek entrances and deep mangrove shorelines. Target these areas on either end of the low tide, either the first few hours of a low incoming tide or the last few hours of the outgoing tide. These extreme drops have been cut by the tides and are feeding stations for the fish. Working out if a channel is better during incoming or outgoing low tide only comes from trial and error.

When you find that hard edge with the right set up with wind and tide moving together that creates an underwater ambush point and brings the food right to the waiting fish action can be just "stupid good." Gamefish will stack up in these places like a drive-thru restaurant; the lower the water and the better the water movement, the more concentrated they will be. When you put in your time and work out this low tide hard edge pattern, you will be rewarded with some of the most wide open action of the year.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.



Liesa Waxman with a hard fighting jack crevalle caught this week

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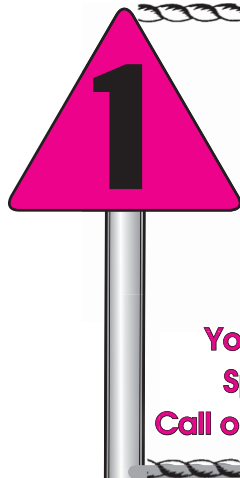
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Dave Doane

CROW Case Of The Week:

Northern Gannet



by Bob Petcher

The northern gannet (*Morus bassanus*) is truly a seabird as it spends most of its life at sea. Its feathers are waterproof, which allows it to spend long periods of time on the water.

Flocks of northern gannets have been known to engage in picturesque plunges for fish. Imagine hundreds of these birds diving into the ocean from heights of up to 130 feet. Their highly developed lungs are said to reduce the effects of hitting water at high speeds and to aid in protecting the body from such stress. The respiratory organs are actually air sacs along the side of the lower body as well as between the sternum and the pectoral muscles and between the ribs and chest wall. These sacs are connected to the lungs and are filled with air when the bird breathes in. The air can be expelled by muscle contractions.

The northern gannet is the largest member of the gannet family where adults average 32 to 43 inches in length, 4.9 to 7.9 pounds in weight and 65 to 71 inches in wingspan. In fact, it is one of the largest seabirds of the North Atlantic.

This seabird is mainly white but sports black wing tips. It has a long-pointed bill, tail and wings. The color of the species' head, cheeks and neck depends on the season and the individual. During breeding, the head and neck are a shade of yellow in some individual birds.

At CROW, the northern gannet is considered a rare patient – only four have been treated this year. Sadly, none of the patients survived their injuries.

An adult northern gannet arrived at the clinic on December 14 after it was found on West Gulf Drive, unable to stand. Its foot and tail feathers were reportedly damaged.

CROW officials say it is unknown how the bird may have received the injury. At 4.6 pounds, the gannet was said to have arrived thin, most likely related to the inability to search for food due to the injury.

CROW medical staff gave the bird a physical exam. X-rays showed damage to the right pelvic limb (RPL) metatarsus with possible cartilage exposure and unknown trauma to the dorsal knuckle of left pelvic limb (LPL) knuckle. The gannet continued to receive medication and bandage changes.

Last Friday, the bird was reportedly looking better. Medical officials placed a compression pad around its wound and a foot cushion on the bottom of its foot to help stabilization when standing.

According to CROW veterinary intern Dr. Spencer Kehoe, soft tissue swelling occurred at the RPL because of the injury and the bird's inability to stand correctly. A boot was placed on the foot to help it



The northern gannet with a sustained foot injury passed away on Saturday

photo by Kenny Howell

maintain balance and take pressure off when standing.

The northern gannet's chance of a successful recovery hinged on how well its foot healed and full functionality once healed.

"Since it just arrived, it may be a week or two until we can see how well it is reacting to the medication and daily therapy that includes warm compressions and rotating the foot to keep the joints loose," Dr. Kehoe said last Friday. "The foot will also be soaked using hot sterile saline-soaked gauze."

Unfortunately, the gannet was found dead on Saturday morning. A high level of stress contributed to the death.

According to CROW veterinary intern Dr. Krystal Woo, gannets do not typically do well when they are being treated because of their elevated stress level. The possible long length of the foot injury also may have factored in its dying.

CROW officials stated there are no plans for a necropsy at this point.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✱

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Plant Smart

Wild Cotton

by Gerri Reaves

Wild cotton (*Gossypium hirsutum*) is in a curious category. It is an endangered species, but the U.S. Department of Agriculture prohibits its sale in Florida because it is a vector for the boll-weevil known to devastate commercially grown cotton.

In the early 1930s, drastic measures were taken to eliminate the weevil, including attempting to eradicate wild cotton in the wild.

Since then, the USDA has implemented more focused and effective strategies for the elimination of the boll-weevil.

So, even though the plant is not for sale at nurseries, homeowners who already have healthy specimens in their yards or have volunteer seedlings – wild cotton does often self-seed – can enjoy its ornamental and wildlife-friendly attributes.

Wild cotton is the larval host plant for the gray hairstreak butterfly.

Its natural habitat is coastal hammocks, thickets, and shell mounds, where it prefers moist limestone or sandy soil and full sun to partial shade.

A medium-size semi-woody shrub with spreading branches, it grows six to 12 feet high and often as wide as it is tall.

Bush and relatively short-lived, it has a moderate growth rate.

Also called upland cotton, it tolerates drought well, but not salt or brackish water or flooding. However, it can grow near saltwater if shielded by other vegetation.

The leaves, flowers, seeds capsules, and cotton fibers give it ornamental value.

The usually three-lobed leaves are up to six inches long.

Five-petaled showy flowers of an inch or two across might remind you of hibiscus and mahoe, and that's because they all are members of the mallow



Three-lobed leaves and fluffy cotton are two of endangered wild cotton's ornamental features

photos by Gerri Reaves



Native wild cotton is a relative of hibiscus

family.

The flowers bloom year 'round, changing color with age, beginning as creamy white or pale yellow with red spots at the petal bases, and then turning pink.

A triangular fruit capsule opens when mature and exposes the fluffy fiber in which numerous seeds are embedded. The term *hirsutum* means "hairy" and refers to the cotton fibers and the hairy stems.

The cotton attracts birds who use it for nesting material, and it remains on the plant even after the leaves fall, becoming all the more decorative.

For thousands of years, cotton has

been cultivated in various parts of the world for both the fiber and the cottonseed oil. In the southern United States, of course, the plant was linked to the institution of slavery.

Cotton has many traditional medicinal uses as well.

Sources: *Everglades Wildflowers* by

Roger L. Hammer, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Growing Native* by Richard W. Workman, *The Shrubs & Woody Vines of Florida* by Gil Nelson, floridata.com, fs.fed.us, and fnps.org.

Plant Smart explores the diverse flora of South Florida.✧

Audubon Christmas Bird Count

On December 17, the Sanibel-Captiva Audubon Society conducted its annual Christmas Bird Count where 136 participants counted a total of 10,935 birds comprised of 99 different species. The results of the count will be reported to the National Audubon Society and will become part of the 117th Audubon Christmas Bird Count (CBC).

Audubon Christmas Bird Counts are conducted throughout much of the Western Hemisphere from mid-December through early January. The CBC is a fertile source of historical information on the status and distribution of early winter bird populations that is studied by scientists and interested individuals the world over.

San-Cap Audubon officials sincerely thank all those who took part in this year's very successful Christmas Bird Count. Many thanks also to Sanibel-Captiva Conservation Foundation and JN "Ding" Darling National Wildlife Refuge for their count contributions and continued support.✧

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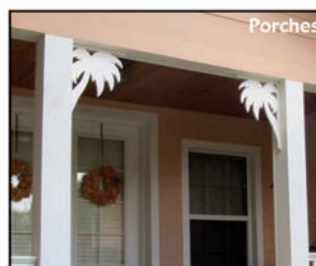
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Holiday Schedule At Edison Ford

Several special holiday functions are planned as Holiday Nights continues at Edison Ford Winter Estates.

Mr. and Mrs. Edison as well as Mrs. Ford will host a special Holiday Celebration Tea in the new River Pavilion. Tea, cookies and lemonade will be served. Phonograph expert John Paul Kurdyla will give a presentation about the phonograph on Friday, December 30 at 11:30 a.m. Kurdyla has one of the largest private collections of phonographs, gramophones and Edison memorabilia, and is considered an expert in the field of Edison-recorded sound.

For kids, there will be special science programs with the Wild Wizards on December 27 to December 30 from 8:45 a.m. to 4 p.m., with classes in animation and an introduction to 3D design and CAD.

In the animation class, kids will create characters and stories that come to life and develop technical skills necessary to master the art of animation. This class is for first through third graders.

The Introduction to 3D Design and CAD class is for fourth through eighth graders. Students will learn about 3D software and printing.

The cost is \$160 per child per class for Edison Ford members and \$200 for non-members. Registration is required; contact Leeanne Criswell at LCriswell@EdisonFordWinterEstates.org or call 334-7419.

Pianist Colleen Brady will be onsite playing holiday music on the Edison family piano in the guest house on Saturday, December 31 from 5:30 to 7:30 p.m.

Lee County residents' discount nights are December 30, 31 and January 1. Lee County residents will receive \$5 off adult and teen tickets. Admission for children is \$2.

Edison Ford and Holiday Nights will close on Christmas Eve at 2 p.m. and will be closed Christmas Day. The site will re-open at 9 a.m. on December 26 and be open until 9 p.m. for Holiday Nights. Edison Ford is open 9 a.m. to 9 p.m. New Year's Eve and New Year's Day. The final night of Holiday Nights is January 1.

For more information, visit www.edisonfordwinterestates.org or call 334-7419.✱

From page 1

ACT Gallery

but instead became a physical therapist for race horses, working for the Bill Haughton Stable in New York, New Jersey, Kentucky and Florida for five years.

While working at the track, Dodd found time to draw the horses around her from life, and it was not long before coworkers and horse owners were commissioning her to do portraits of their horses. She had the benefit of visiting the art museums in New York City, and meeting the fine equine artist, William Orr, who shared some tips on painting with her. Bill Haughton was killed in a harness racing accident in the summer of 1986, and Dodd decided not long after that to pursue another career. She found a job working for an art studio in Florida, where she began painting full time. She went on her own five years later.

Dodd has found inspiration all around her in Florida, and discovered that she could not only paint horses, but humans, birds and fish as well. She discovered a huge demand for murals, to her delight, and that has been the mainstay of her work for many years. These days, she is focused on painting in her studio, and her work continues to evolve. Her interest in fantasy art is growing, and she has painted mermaids and flying horses, with plans on doing more work in this direction. Her work can be found in homes and businesses all over South Florida, and has worked with some of the best interior designers in the business. Her work has been published many times in various magazines such as *Florida Design*, *Naples Illustrated*, *Gulf Shore Magazine* and *N Magazine*. Today, Dodd divides her time between painting and her other passion, training dressage horses and riders.

Cythia Egan is a resident of Lee County and was educated at University of Florida in Gainesville. She holds a bachelors degree in art and a masters degree in art education. She taught art at all levels for 27 years. Now retired, she paints full time, and displays her work in various shows and exhibitions. Egan works in oils and acrylics but occasionally does collages, clay and mixed media. Her subject matter is varied and her paintings are noted for their unusual color combinations and strong contrasts. She currently teaches painting at the Pine Island Art Association.

This exhibit continues through Monday, January 30.

For more information, call the Arts for ACT Gallery & Boutique at 337-5050.✱

Fort Myers Family Purchases Resort

The Patel Family of Fort Myers has purchased the Boca Grande Resort on Gasparilla Island for \$3.6 million. Operating as Boca Grande Resort Inn, LLC, the Patel Family, who also own Captain Jack's Airboat Tours, Wooten's Everglades Airboat Tours, in addition to several other hotel properties located in Florida, recently closed on the 18-unit resort. The acquisition encompassed

Boca Grande Resort's two on-site dining venues, and a variety of retail locations, including a bank building, Kappy's Market, the island's only grocery store, a salon and spa, and multiple other tenants. The island is situated on the Southwestern coast of Florida, nestled by Charlotte Harbor, Gasparilla Sound and the Gulf of Mexico.

The Boca Grande Resort, the island's largest property parcel, is located on approximately three acres.

For more information, visit www.thebocagranderesort.com/.✱

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Pastor Speaks At Volunteer Appreciation Luncheon In Cape

Pastor Tom Hafer, director of spiritual services for Gulf Coast Village, Continuing Care Retirement Community in Cape Coral, recently served as keynote speaker at Dr. Piper Center for Social Services, Inc.'s 25th annual Foster Grandparent and Senior Companion Volunteer Recognition event, held at Broadway Palm Dinner Theatre in Fort Myers. Hafer spoke to volunteers on the act of volunteering, highlighting inspirational stories and unique lessons learned from recent travels, as well as discussing the importance of serving one another.

The volunteer recognition luncheon honored and celebrated the 200 low-income seniors who serve their communities by working 20 hours each week with the frail elderly or children with special needs through the Foster Grandparent and Senior Companion programs.

In addition to his pastoral duties at Gulf Coast Village, Hafer is a speaker and published author. Since the original release of his first book, *Faith & Fitness* in 2007, Hafer has been traveling and leading workshops on the spiritual and physical health connection. He offers workshops free of charge, compliments of Volunteers of America, in support of their efforts to prevent early disabilities for the nation's seniors. *Well Planet* (2010), *Aging Grace* (2012) and *Soul Man* (2016) were Hafer's follow-up titles.

Hafer received his bachelor's degree from Florida A & M University in Physical Therapy and has been a licensed physical therapist in Florida for over 25 years. He attended the Lutheran Theological Seminary of Philadelphia and received a master's degree in Religion in 2006. Hafer lives with his wife of 26 years on a three-acre gentleman's farm in Southwest Florida where they grow their own organic produce and citrus, and offer special celebration and wellness events to the local community. The couple has three grown children.

For more information, email tom@hafer.com or visit www.tomhafer.com.✽



Pastor Tom Hafer with Joan Willoughby, director of Foster Grandparent and Senior Companion programs photos courtesy Gulf Coast Village



Hafer speaks to volunteers of Dr. Piper Center for Social Services, Inc.'s Foster Grandparent and Senior Companion programs during a recognition event at Broadway Palm Dinner Theatre

Power Squadron To Offer Class

Piloting is the first course in the sequence of United States Power Squadron courses on navigation, covering the basics of coastal and inland navigation. This course focuses on navigation as it is done on recreational boats today and embraces GPS as a primary navigation tool while covering enough of traditional techniques so the student will be able to find his/her way even if their GPS fails.

The course includes many in-class exercises, developing the student's skills through hands-on practice and learning. Ten classes of two hours each normally are scheduled for presentation of this course. In addition the students have seven days to complete the open book exam.

Topics to be covered include:

- Charts and their interpretation
- Navigation aids and how they point to

safe water

- Plotting courses and determining direction and distance
- The mariner's compass and converting between True and Magnetic
- Use of GPS – typical GPS displays and information they provide, setting up waypoints and routes, staying on a GPS route.
- Pre-planning safe courses and entering them into the GPS
- Monitoring progress and determining position by both GPS and traditional techniques such as bearings and dead reckoning
- The "Seaman's Eye" – simple skills for checking that one is on course.

The cost of the course is \$75 for USPS members or \$150 for non-members. (There is an additional charge if you need course plotting tools). It will be offered on Tuesday afternoons at 2 p.m. beginning on January 10.

Call the San Carlos Bay Power Squadron at 466-4040 and leave a message for more information.✽



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Art Walk Features Work Created By Impressionist-Expressionist Painter



Tree of Life by Leoma Lovegrove

photos courtesy SBDAC

This January, the Sidney & Berne Davis Art Center brings the eclectic work of Leoma Lovegrove to downtown Fort Myers. Lovegrove's art is her passion, and for the first time, she has assembled a lifetime of work for her show, *Retrospective; Palettes: Past Present and Pursuits*.

The exhibit gets under way on Friday, January, 6 during Art Walk, from 6 to 10 p.m. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.

Lovegrove paints and creates using found items from the environment. She has



Leoma Lovegrove creates art using found items from the environment

built driftwood "beach boys" along Lake Superior, painted on flat stones from the shores of Saint-Malo, France, and painted scenes along the Seine River aboard Monet's floating studio. In addition, Lovegrove created a designer line of clothing with her art images that are sold in Bealls stores in Florida.

Lovegrove is an impressionist-expressionist painter known worldwide for her vivid, colorful paintings. She is a graduate of Florida's Ringling School of Art. She makes her home and international headquarters on Matlacha Island and greets visitors every year at Lovegrove Gallery & Gardens. She is the president of the Matlacha Island Chamber of Commerce.

The gallery is open Monday through Friday from 9 a.m. to 5 p.m. Admission is free. Donations are accepted. The show closes January 24. Visit www.sbdac.com or www.facebook.com/pg/LeomaLovegrove for more information.*

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The Year's Top Sports Stories – Always Open to Arguments



by Ed Frank

As the year bows out, it's time to select the top sports stories of the year. Obviously, this is a subjective selection by this reporter – one that is open to debate and disagreement by every sports-loving fan.

1. Clearly, the top sports story of the year was the Chicago Cubs World Series championship that ended a famine of 108 years since their last world title. A total of 17 Presidential administrations had passed into history in the interim, and it appeared that it was going to reach 18 when the Cubs were down three games to one to the Cleveland Indians before rallying to win games five and six, setting the stage for that epic

game seven.

That memorable 10th-inning nail-biter, with its 17-minute rain delay, capped the Cubs 8-7 victory and its first World Series title since 1908.

2. Story number two on our list also involves the City of Cleveland, but this historic event occurred five months earlier, when the Cleveland Cavaliers came back from their own 3-1 deficit to defeat the defending champion Golden State Warriors to capture their first NBA title and ending a 52-year championship drought in that city.

Interestingly, both the Cubs and Cavaliers game seven victories occurred on the road.

3. Next on our list is the near-unbelievable NCAA basketball championship won by Villanova over favorite North Carolina. In case you forgot, NC's Marcus Paige hit a double-clutch three-pointer to tie the game at 74 with 4.7 seconds remaining. But not to be denied victory, Villanova's Kris Jenkins drained a three-pointer of his own at the buzzer.

It will be remembered as one of college basketball's greatest games.

4. Biles, Phelps and Ledecky lead Team USA at the 2016 Rio Olympics. Swimmer Michael Phelps, in what is believed to be his final Olympics, won five gold medals and a silver to increase his overall record to 28 (23 of them gold). And he accomplished this at age 31, long after most swimmers had retired.

Simone Biles, already a three-time world gymnastics champion, won five gold medals at Rio, to become the most decorated American gymnast with 19 Olympic and World Championship medals.

Katie Ledecky joined the list atop great American female swimmers by winning four gold medals and a silver at Rio.

5. Alabama's thrilling 45-40 victory over Clemson to win football's national championship has to be one of the year's top stories. Clemson, rated No. 1 and undefeated entering the game, was unable to hold off No. 2 Alabama despite the record-setting performance of its quarterback Deshaun Watson, who tossed for 405 yards and rushed for 73, the most in any championship game.

It was Alabama's fourth national title in the last seven years. Both teams finished with 14-1 season records.

These five stories top our list, but there are others worth mentioning – some positive and some negative:

- Swimmer Ryan Lochte embarrassed Team USA, even embarrassed his country

continued on page 20

SPORTS QUIZ

1. Trevor Rosenthal set a St. Louis Cardinals record in 2015 for most saves in a season (48). Who had held the mark?
2. What was the highest home-run total Yankees legend Lou Gehrig had in a season?
3. Georgia QB Greyson Lambert set an NCAA record in 2015 for completion percentage in a game (24 of 25 passes, for 96 percent). Who had held the mark?
4. When was the last time before 2015 that the NBA's Houston Rockets reached the Western Conference Finals?
5. In 2016, Pittsburgh's Jim Rutherford became the second general manager to win Stanley Cups for two teams. Who was the first?
6. Who drove the only Pontiac to win NASCAR's annual Cup race at Indianapolis Motor Speedway?
7. In 2016, tennis' Roger Federer tied the record for most appearances (14) in the Wimbledon quarterfinals for men's singles. Who else holds the record?

ANSWERS

1. Lee Smith (1991) and Jason Lirnghausen (2004), with 47 saves each. 2. It was 49 (1934, 1936).
3. Tee Martin of Tennessee (1998) and Geno Smith of West Virginia (2012) each completed 23 of 24 passes in a game (95.8 percent). 4. It was 1997. 5. Tommy Gorman did it with four teams (O'hawa, Chicago and two Montreal franchises) between the 1920s and the 1940s. 6. Bobby Labonte, in 2000.
7. Jimmy Connors (between 1972 and 1987).

Humanitarian Award

Lee Health Foundation has announced that Joe Catti, founder and CEO of FineMark National Bank & Trust in Fort Myers, is this year's recipient of the Frank Haskell Humanitarian Award. Catti was honored at the foundation's Evening of Appreciation, held on November 30, which hosted nearly 300 of Lee Health's most committed donors and supporters.

Catti was recognized for his many years as a Lee Health supporter, most notably as the chairperson of Golisano Children's Hospital of Southwest Florida's \$100 million capital campaign. Thanks to Catti's leadership and unwavering commitment, countless young patients and their families will receive life-saving care at a world-class hospital close to home.

"I am honored and humbled and feel undeserving of this recognition," said Catti. "We are very fortunate to have a world-class health system and excellent physician care in Southwest Florida. There are so many people in our community who give and help others selflessly. As Harry Truman once said, 'It is amazing what you can accomplish if you don't care who gets the credit.'"

Currently serving on Lee Health Foundation's Board of Directors, Catti is also a past chair and treasurer of Lee Health Foundation, past member of Lee Health Foundation finance and executive committees, a member of Lee Health Foundation's Heritage Circle of Friends Legacy Society, and has volunteered his time and expertise to several organizations throughout Southwest Florida. Catti is also father to four children with wife JoAnn of more than 30 years.

"Joe has been an integral part of making the Golisano Children's Hospital dream a reality," said Skip Leonard, chief foundation officer for Lee Health Foundation. "As chair of the Golisano Children's Hospital capital campaign, he worked tirelessly to ensure we met the \$100 million goal. He embodies all that the Frank Haskell Humanitarian Award signifies. Congratulations to Joe...well deserved."

The Frank Haskell Humanitarian Award recognizes outstanding leadership in the advancement of quality health care for the citizens of Southwest Florida. The award is named in honor of Frank Haskell, co-founder with his wife Betty, of Barbara's Friends – Golisano Children's Hospital Cancer Fund, part of the Lee Health Foundation. For the past 20 years, Frank Haskell has worked non-stop to help local children win their battles with cancer and life-threatening blood disorders.

Visit LeeHealthFoundation.org or call 343-6950 for more information.✧



At left, award recipient Joe Catti, chief executive officer, FineMark National Bank & Trust with Skip Leonard, chief foundation officer, Lee Health Foundation

photo courtesy Lee Health Foundation



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All-Star Classic



From left, Rotary Club of Fort Myers South members Rob Scharlau, Joe Rider and Ron Brodeur
photos courtesy Rotary Club of Fort Myers South



Karen Kagan, Esq. and former NFL All-Pro running back Fred Taylor



Rotary Club of Fort Myers South members, from left, Tara Molloy, Cyndi Doragh, Tom Mueller and Rebecca Goff

About 300 players, coaches, families, Rotarians and community leaders attended the awards banquet. In addition to recognizing players', coaches' and cheerleaders' talent and dedication, the banquet set the tone for the All-Star Classic football game, with inspiration and motivation from keynote speaker, former NFL All-Pro running back and University of Florida great Fred Taylor.*

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Football Coach Matthew Holderfield of South Fort Myers High was recognized as 2016 Rotary South All-Star Classic Coach of the Year



Rotary Club of Fort Myers South members Warren Jalving and Victor Mayeron



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Financial Focus

Estate Planning Tips For Blended Families



by Jennifer Basey

Most of us need to do some type of estate planning, but it's especially important if you are part of a "blended" family. And the best time to start is now, before these plans

need to be implemented.

Estate planning can be complex, so you will need help from a qualified legal professional. But here are a few general suggestions that can be suitable for blended families:

- Update beneficiary designations and think about multiple beneficiaries – Update the beneficiary designations on your retirement accounts and insurance policies to reflect the reality of your blended family. These designations can supersede the instructions you provided in your will. So if your will states that your current spouse should inherit your assets, but you had named your former spouse, or a child, as the primary beneficiary of an IRA, then your former spouse or your child – not your present-day spouse – will indeed receive the IRA.

To ensure that "everyone gets something," you could name your current spouse as primary beneficiary and your children from a previous marriage as equal contingent beneficiaries. But the primary beneficiary will receive all the assets and is free to do whatever he or she wants with the money. To enact your wishes, you can name multiple primary beneficiaries and designate the percentage of the asset each beneficiary will receive.

- Create a living trust and consider a professional trustee – A living trust can help you avoid the time-consuming and costly process of probate, while giving you great freedom to determine how, and when, you want your assets

distributed. After you pass away, the trust – if structured properly – can provide your surviving spouse with income for life; then, after your spouse dies, your children from an earlier marriage would receive the remainder of the trust.

So far, so good. However, issues can arise if you name your surviving spouse or one of your children as the "successor trustee" who will take charge of the trust upon your passing. Your spouse, acting as successor trustee, could choose to invest only in bonds for income. But if he or she lives another 20 or so years, the value of the investments within the trust will probably have diminished considerably, leaving your children with very little. Conversely, if you name one of your children as trustee, the child could invest strictly in growth-oriented investments, leaving your surviving spouse with greatly reduced income.

To be fair to everyone, you may want to engage a professional third-party trustee. This individual, or company, is not a beneficiary of the trust, is not entitled to share in the assets of the trust, and, ideally, should have no "rooting interest" in how

proceeds of the trust are distributed.

- Consider a prenuptial agreement – When it's time to settle an estate, a prenuptial agreement can help avoid disputes among members of a blended family. If you and your new spouse have agreed to keep your assets separate so that each of you can pass an inheritance to your own children, you need to spell out that separation in your "prenup," your will, your living trust and any other relevant estate-planning arrangements.

Above all else, share your estate-planning intentions with members of your blended family. You may not be able to satisfy everyone, but through open communications, you can help prevent bad feelings and unpleasant surprises.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.

Read us online at
IslandSunNews.com

From page 18

Sports Stories

when he claimed he was robbed at gunpoint in Rio. It later was learned he was covering up for a drunken encounter at a gas station.

- San Francisco's quarterback Colin Kaepernick launched a firestorm by kneeling during the National Anthem in protest to police treatment of minorities. Several other athletes have followed suite.

This controversy, it is believed, is a factor in the diminished television interest this year in professional football – another major sports story of 2016.

Any listing of top sporting events must include those athletes who ended their careers.

- Kobe Bryant, a certain future Hall of Famer, scored a season-high 60 points in his final game, departing with five NBA titles with the Los Angeles Lakers. Tim Duncan, also like Bryant, won five titles with the San Antonio Spurs.

- We said so long to 40-year-old David Ortiz of the Boston Red Sox, who recorded a final season batting average of .315 with 38 home runs and 127 RBIs. He's a certain future member of Baseball's Hall of Fame.

- Then there's Alex Rodriguez, like him or hate him, who ended his career with the New York Yankees just four home runs shy of 700.

Finally, In Memoriam:

Muhammad Ali – The Greatest of All-Time.

Arnold Palmer – Won seven golf majors.

Pat Summitt – Coached Tennessee's Lady Vols to eight NCAA titles.

Gordie Howe – Fourth highest on the NHL scoring list.

Craig Sager – The colorful NBA announcer.✴

Republican Women

The next Lee Republican Women Federated meeting and luncheon will be held on Monday, January 9 at Pinchers – The Marina at Edison Ford, located at 2360 W. First Street in Fort Myers (adjacent to the Edison & Ford Winter Estates in the Downtown River District).

The meeting will begin at 11:15 a.m. with a social hour, with the lunch and program to follow.

January's program will include Freedom & Virtue Institute founder Ismael Hernandez

Cost is \$22 per person; all are welcome to attend.

To RSVP, visit www.leerepublicanwomen.com.

leerepublicanwomen.com/event or contact Wren Morefield at 270-210-1284 or wrenspet@hotmail.com before January 5 at noon.✴

Phonograph Expert At Edison Ford Museum

Edison phonograph expert John Paul Kurdyla will present special phonograph programs on December 30 at 11:30 a.m.; January 3 at 11:30 a.m.; January 6 at 1:30 p.m. and January 10 at 3 p.m. at Edison & Ford Winter Estates.

A resident of Padua, Italy, Kurdyla's expertise and engaging demonstrations have been a favorite of Edison Ford visitors for several years. Kurdyla has one of the largest private collections of phonographs, gramophones and Edison memorabilia and is considered an expert on Edison recorded sound.

In addition to his phonograph expertise, Kurdyla authored the book *When Music Was Magic*, available only through Edison Ford. He has presented his knowledge on 10 Italian National Television (RAI) shows. Kurdyla also has a new exhibit, Thomas Alva Edison – The Man Who Invented The Future, His Life, His Family and His Inventions, which will be touring Europe in 2017.

Presentations will be held in the Music & Movies Gallery of the Edison Ford Museum. For more information, visit www.edisonfordwinterstates.org or call 334-7419.✴

Sanibel Sea School And Canterbury School Announce Partnership

The Sanibel Sea School and Canterbury School are teaming up to provide exciting new ocean learning experiences for children in the summer of 2017. Through this partnership, participants will be able to utilize the excellent resources of both organizations.

Opportunities include Island Skills at Canterbury, an ocean-themed, field-based summer program for children in rising grades Pre-K through eighth. From snorkeling through the seagrass to hands-on experiences with marine creatures in Canterbury's marine lab, this program will be an incredible adventure for any ocean-loving child.

For children who love to fish, Canterbury is teaming up with Sanibel Sea School's marine science educators to provide a week-long program where children will learn to fish four different ways. Fishing will be available to children in rising grades five through nine.

Children can also explore marine habitats while learning the basics of

paddleboarding with our Stand-up Paddleboarding program for rising grades seven through 12. Students interested in marine biology can take advantage of our two-week summer session of Independent Science Research, which will allow students in rising grades six through 12 to get a head start on their science fair projects before the school year. Finally, the Counselor-In-Training (CIT) program is designed to teach children 13 and older the skills of leadership for their future success.

Canterbury School, located at 8141 College Parkway in Fort Myers, will be the home base for these new programs. Transportation will be provided by Canterbury to the various locations each day. All summer programs provided through this partnership and by each organization individually are open to the public.

Registration for these programs will open on Saturday, February 4 through Canterbury School's website at www.canterburyfortmyers.org/summerprograms. More information about other summer programs available from Sanibel Sea School can be found online at www.sanibelseaschool.org. Canterbury School will also be hosting a Summer Programs Open House on Wednesday, January 25 from 3 to 6:30 p.m. in Hanno Dining Hall.

For additional information, contact Katie Tanner at ktanner@canterburyfortmyers.org or Leah Biery at leah@sanibelseaschool.org.✴

Famous Author Lecture Series



Anthony Franze photos courtesy SBDAC



Hallie Ephron

The Famous Author Lecture Series invites audiences to take part in a brunch and lecture with an acclaimed writer at the Sidney & Berne Davis Art Center. Each month during season, audiences can savor a lunch and lecture with this bestselling, critically acclaimed author. From noon to 2 p.m., enjoy a gourmet lunch prepared by G3 Catering, a lecture from the author, and a question and answer portion that offers insights on the authors and the stories they write. A book signing opportunity will also be available following each lecture. Experience these special engagements with some of the world's best writers.

The Sidney & Berne Davis Art Center (SBDAC) is located at 2301 First Street in the historic downtown Fort Myers River District.

2017 Famous Author Lecture Series Featured Writers

Monday, January 16 • Kristin Harmel

Kristin Harmel is the internationally bestselling author of *The Sweetness of Forgetting* and *The Life Intended*, along with several other novels. Her work has been featured in *People*, *Woman's Day*, *Men's Health*, *Redbook* and many other outlets. The latest novel, *When We Meet Again*, shows why Harmel books are hailed as "engaging" (*People*), "absorbing" (*Kirkus Reviews*) and "enthraling" (*Fresh Fiction*). For more information, visit <http://kristinharmel.com>.

Monday, February 13 • Anthony Franze

Anthony Franze is a lawyer in the Appellate and Supreme Court practice of a prominent Washington, DC law firm, and the author of the breakout Supreme Court thriller, *The Advocate's Daughter* (St. Martin's Press). After becoming a #1 bestseller, the *New York Times* called the book "smart, sophisticated, suspenseful," *Huffington Post* hailed it as "a taut, twisting thriller" and *Providence Journal* found it "engaging and riveting." For more information, visit <http://anthonyfranzebooks.com>.

Monday, March 20 • Hallie Ephron

Hallie Ephron is a *New York Times* bestselling author of suspense novels. She grew up in Beverly Hills, the third of four daughters of Hollywood screenwriters Henry and Phoebe Ephron (*Carousel*, *Desk Set*). In *Night Night*, *Sleep Tight*, Ephron takes her own childhood experiences and weaves them into a suspense novel with echoes of a scandalous true crime. The novel was *InStyle Magazine's* #1 "Page-turning Pick." In a starred review, *Publisher's Weekly* said, "Old Hollywood glamour, scandals, and lies infuse this captivating thriller set in 1985 from Mary Higgins Clark Award-finalist Ephron." It was made into a movie for the Lifetime Movie Network. Ephron is a four-time finalist for the Mary Higgins

Holidays Will Not Affect Solid Waste Collection Schedule

The City of Fort Myers Solid Waste Division will have no change in schedule for residential and commercial trash or recycling collection during the Christmas and New Year's holidays. All residential and commercial trash and recycling will be collected as regularly scheduled.

In celebration of Christmas and New Year's Day, Fort Myers City Hall and city offices will be closed on December 26 and January 2.

Disposal of Christmas trees will be available from December 26 through January 31. Remove all tree stands and decorations. Flocked trees can also be recycled. Wrapping paper is a material that can be placed in recycling containers. Plastic ribbons and bows are not recyclable and must be disposed of in a regular trash receptacle.

Call 321-8050 with questions.✱



Katherine Neville



Kristin Harmel

Clark award, and her *Writing and Selling Your Mystery Novel* was an Edgar and Anthony award finalist. For more information, visit <http://hallieephron.com>.

Monday, April 17 • Katherine Neville

Katherine Neville's novels have been published in more than 80 countries. Enriched by her 20 year career as an international computer executive and consultant, her career allowed her to live in six countries on three continents and in 26 of the United States. Katherine Neville's newest book, *The Eight*, was an instant bestseller in 12 languages (now in more than forty languages), has received numerous awards. In a national poll of the noted Spanish journal, *El Pais*, it was voted one of the top ten books of all time. Neville has been a speaker at many universities and other venues around the world, including *The Today Show*, National Public Radio, the Voice of America, the World Affairs Conference in Colorado and The Library of Congress. For more information, visit www.katherineneville.com.

Famous Author Lecture Series tickets are \$35 for a single lecture (\$350 for table of eight) or \$105 for the series (\$1,000 for a table of eight). Visit www.sbdac.com for more information or to purchase tickets.✱

Pest Control Company Celebrates 50 Years In Business



Fort Myers Pest Control celebrated 50 years in the business with a ribbon-cutting ceremony at Periwinkle Place and complimentary food and drinks at The Blue Giraffe Restaurant on December 14. Sanibel & Captiva Islands Chamber of Commerce Chairperson Donna Puma and Fort Myers Pest Control owner David Brooks cut the ribbon as pest control staff and chamber members cheered on. Fort Myers Pest Control is a family-owned business that began in 1966 with George and Dorris Smith. photo by Bob Petcher



Calendar Girls in holiday garb

photo courtesy Calendar Girls

Calendar Girls Dress For The Holidays

The Calendar Girls joined the jolly old elf (not pictured) to entertain the crowd at the holiday extravaganza at Lake Fairways Women's Club.

For more information, visit www.calendargirlsflorida.com.✱

Alliance Receives \$1,000 From Giving Tuesday

In honor of Giving Tuesday, the Bill & Melinda Gates Foundation and Facebook pledged to contribute up to a \$1 million match to #GivingTuesday fundraisers on Facebook (up to \$1,000 per fundraiser). Thanks to the generosity of community members, the Alliance for the Arts announced that it will receive \$1,000 from the Bill & Melinda Gates

Foundation. This is the first time the Alliance has received funding from the foundation.

The Alliance Facebook fundraising campaign raised over \$3,000 on Giving Tuesday.

"The arts give so much to our community: creativity, connection and a new way of seeing things," said Jessica Clark, development director at the Alliance. "Theology aside, the arts also serve as a key industry to yield economic growth by stimulating Southwest Florida's creative economy."

For more information, call 939-2787 or visit www.ArtInLee.org.✱

Small Great Things



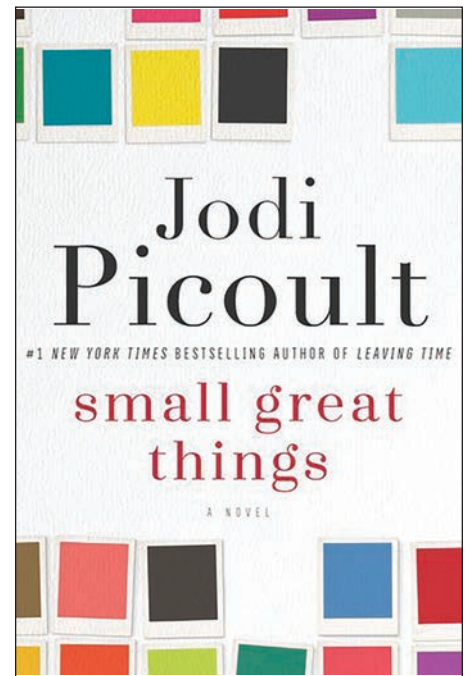
by Di Saggau

For more than 20 years, Jodi Picoult has wanted to write a book about racism in the United States. She accomplishes that in her new book, *Small Great Things*, and she is savvy enough

to make her position as "white and class-privileged" known from the start. Her research was vigorous, talking to women of color and skinheads. She says the women gave her a gift, they shared their experiences of what it really feels like to be black.

Her book explores the intersection of racial bias, medicine and the law. African-American Ruth Jefferson has been a labor and delivery nurse for more than 20 years. She genuinely cares for her patients seeking ways to help them. Ruth is completely thrown when a newborn baby's parents, both hate supremacists, demand that she be removed from their care team because they don't want a black person touching their child. While Ruth is the sole nurse on the child's floor, the baby goes into cardiac arrest and dies. Ruth is charged with murder, her license is suspended, and her fate lies in the hands of a public defender, Kennedy McQuarrie, a white woman.

Picoult's writing especially shines when describing Turk Bauer's point of view, the skinhead father of the baby. She makes him loathsome with ideologies, flawed but human. He may be a white supremacist, but he is also a husband and father. We see how he learned to hate, how he fell in love with his wife, and how avenging his son becomes his singular motivation. Ruth



sees him as a power line that snapped during a storm, and lies across the road just waiting for something to brush against it so it can shoot sparks.

Ruth's public defender, Kennedy, is married to a surgeon who seems to be the perfect man. She has a daughter who is adorable. Kennedy is harried, but a loving and well-loved wife and mother. By the novel's end, she becomes a proxy for well-meaning white folk who don't realize the extent of their racism until they are forced to confront it.

During Ruth's trial, it's clear that the courtroom is where Picoult feels most comfortable. We are treated to pages of legal discovery and testimony, and they are interesting. Ruth's teenage son, an honor student, is sorely affected by what transpires. This is an interesting story by a writer who understands her characters. Picoult tackles race, privilege, prejudice, justice and compassion, and doesn't offer easy answers.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley,
Some of the best gifts you can give your children this holiday season are gifts from the heart. During this busy time of year think

about giving your children some extra support by choosing highly expressive words that convey a strong belief in your child. Kids quickly forget their new toys but they will not forget your words of love, encouragement and praise.

Sometimes though, parents find it difficult to express their thoughts and support for their children. Here is a list of highly expressive and meaningful phrases that child psychologist Yekaterina Kes has put together to use with your child. All of them will help your child to understand the depth of your love and affection for them. What could be a better present to them

than that?

Expressing belief in your child

- I trust you
- I believe in you
- I respect your decision
- It won't be easy, but I'm certain you

will do it

- You're doing everything right
- You understand this perfectly
- How did you manage to do this so

well?

- Teach me how you do it, so I can succeed like you
- You can do it better than I can
- You're better at this than me
- Crediting their hard work
- I can see how much work you put

into this

- I can see how hard you tried
- You worked so hard on this, and you achieved it perfectly
- You're making fantastic progress
- I can see you spent a lot of time on

this

- I can imagine how much effort you had to put in to achieve this
- You must have worked so hard to get this result
- All that hard work paid off

Being thankful for the time you spend together

- I really appreciate you spending time with me
- I can't wait to play with you

tomorrow

- It's so interesting to do this with you
- I really enjoyed playing with you
- I'm so glad you're at home with me
- I'm having so much fun being with

you

Helping them evaluate their own performance

- What do you think about this?
- You must be so proud
- What's the thing you're most proud of?
- What's your opinion on this?
- How would you evaluate your own

work?

- And what do you think of the result?
- How do you wish it had gone?
- Being thankful for their help
- Thank you so much for doing this
- I'm so grateful that you helped me

with this

- You really helped me out
- Thanks for understanding
- I don't know what I would have done without you
- Without your help I wouldn't have succeeded
- You helped me to get through this

quicker

- The house is so tidy thanks to you
- Describing what you see
- Your bedroom is so clean
- Wow, you've made your bed.

Fantastic

- There are so many beautiful colors in this picture
- I can see that you really tried hard
- I noticed that you cleared the table

yourself. Well done

Describing how you feel

- I just love spending time with you so much
- I'm so happy when you're at home
- I love being part of your team
- I love hearing your opinion
- I'm so incredibly grateful that I have

you

- It makes me so happy when you're

around to help me
Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to sngreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Alliance For The Arts Presents Storytellers January 25



Mary Lou Williams

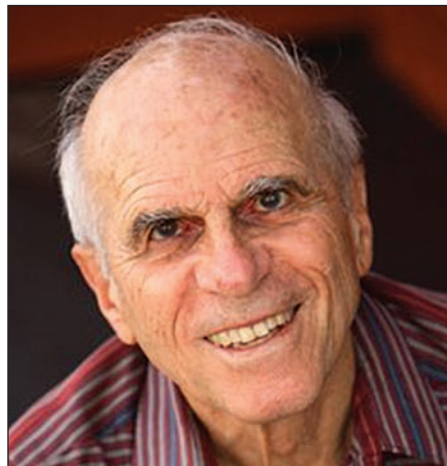
photos courtesy Alliance for the Arts



Tashahara Jallad



Rhonda Brazina



Keith Connes



Dwight Elam



Robert David



Lisa Leonhardt



Joel Ying



Pamela Minton



Marilyn Graham



Scott J. Vail

The Alliance for the Arts will present Story Slam on January 25 at 7 p.m. on the Alliance campus, located at 10091 McGregor Boulevard in Fort Myers.

The slam features 10 area storytellers who recount a variety of narratives, from personal tales to folktales, fractured fairy tales and more.

"We're excited to host an event where individuals can get inspired and be entertained by a variety of narratives," said Executive Director Lydia Black. "After all, storytelling is a fundamental human need."

The group has been staging smaller storytelling gatherings over the past year. Tickets are \$10 for Alliance members and \$15 for non-members.

For information or tickets, visit www.ArtInlee.org or call 939-2787.

About the storytellers:

- Mary Lou Williams is a retired teacher. She first became interested in storytelling when she heard an Appalachian storyteller at an Elderhostel in Boone, North Carolina. She has been hooked ever since. She has served on the board of the Florida Storytelling Association and has produced local storytelling workshops and concerts featuring national tellers. She is also a member of Toastmasters International and the Tamiami Tale Tellers.

- Tashahara Jallad joined Toastmasters International in 2008. After achieving the level of Distinguished Toastmaster, she began to explore storytelling. She joined the Florida Storytelling Association and started the Storytellers of the Round Table. Jallad adapts and weaves universal messages that touch the heart, challenge the mind and lift the spirit. She believes that a story is the shortest distance between two hearts.

- Dwight Elam was born in Lexington, Kentucky. He is a former school teacher, college professor, and currently ministers at First Christian Church in Punta Gorda. He comes from a long line of liars, also known as storytellers. His daddy said that he was vaccinated with a phonograph needle. Elam is a member of Toastmasters

International, the Tamiami Tale Tellers and the Florida Storytelling Association.

- Robert David is a Florida native who joined Toastmasters as a way to challenge himself and get out of his comfort zone. He is new to storytelling. He will speak about something else that makes him uncomfortable: flying.

- Rhonda Brazina has always loved stories. From her childhood to her teaching days to reading to her own children, she has loved the art of storytelling. She wanted to write a children's book to tell a story for children and achieved this in 2011 when she and her friend wrote *Carrots for Charlie*, a book set in Naples with a positive message about health and fitness. These days as a Toastmaster and aspiring actor, Brazina writes stories and tells them to all who will listen.

- Keith Connes created TV commercials, which was his introduction to fiction writing. He gave that up for writing non-fiction aviation articles and books and, more recently, collections of short stories. During the past 15 years, he has been a member of various Toastmaster clubs in California and Florida, where his favorite preoccupation has been the telling of tall tales.

- Lisa Leonhardt is a fourth grade teacher at Tice Elementary. She tells stories to her students, her family and to anyone else who will sit still for a story. Leonhardt credits her grandfather and an elementary school librarian for sparking her interest in storytelling. She has been a longtime member of the Tamiami Tale Tellers, and together with Marilyn Graham, has kept storytelling alive and thriving in Fort Myers for 20-plus years.

- Joel Ying is a Naples-based integrative and holistic health physician with a private practice. He originally joined Toastmasters in 2009 to improve his public

continued on page 24

dearRPharmacist

Eight Incredible Medicinal Herbs From The Bible



by Suzy Cohen, RPh

Dear Readers: Before the advent of synthetic compounds, expensive medications and injections, the human body was accustomed to natural herbs and

spices. Our planet Earth has thousands of healing plants that grew during biblical times. Even though I am a pharmacist, I believe that we can heal with what grows on Earth. Today I'm listing eight incredible herbs, all mentioned in the bible, as well as their medicinal benefits:

Almonds – Known as *Prunus dulcis*, almonds contain salicin, which go on to form salicylic acid. This is the primary by-product of aspirin. We all know what aspirin is for, don't we? Eating a handful of almonds each day is like consuming natural aspirin. A study published in *The Journal of Nutrition* found that almonds can decrease post-prandial (after eating) blood sugar, as well as insulin and free radical damage.

Black Cumin – Known as *Nigella sativa* these jet black seeds can be used to flavor bread and other baked goods.

You can buy black cumin seed oil as a dietary supplement which I often recommend for people dealing with neurological problems. If your child had intractable seizures, please mention *Nigella sativa* supplementation to your pediatrician because the research is easy to find and very positive.

Frankincense – Known as *Boswellia serrata*, this is a gummy resin, that contains compounds that might relieve joint pain by inhibiting the inflammatory cytokines that lead to discomfort. Research suggests that boswellia could improve ovarian and bladder health, and studies have already been conducted on people with those types of cancer producing positive results.

Garlic – I love roasted garlic on my pizza! This herb can support healthy cholesterol ratios while decreasing platelet aggregation like a blood thinner. It can inhibit Angiotensin-Converting Enzyme (ACE) acting similarly the drugs lisinopril and enalapril.

Myrrh – Known as *Commiphora myrrha*; I keep this essential oil handy for cuts. It smells awful, no lie, but it's worth having because it's a strong antiseptic and anti-everything. It could help reduce infection by a parasite, bacteria or fungus.

Olive – Known botanically as *Olea europaea*, the olive branch conveys a universal symbol of peace. Olive oil contains oleic acid, which is a fatty acid. This compound works in conjunction with vitamin D to support immune health.

Saffron – Known as *Crocus sativus*, saffron acts like a natural

antidepressant, anxiolytic and sedative. It contains many biologically active compounds, including crocin and safranal that protect your levels of dopamine, serotonin and norepinephrine. Because saffron provides cofactors for the SOD enzyme, it may be helpful if you have an SOD polymorphism.

Sage - This herb was studied on patients with mild to moderate Alzheimer's disease and researchers concluded that sage "produced a significantly better outcome on cognitive function." Interestingly, sage

was shown in lab studies to help reduce flare-ups of herpes-related viruses such as cold sores and genital herpes.

If you love this information, just write to me at ScriptEssentials@gmail.com and request your own copy of "Medicinal Herbs from the Bible" ebook. I'll send you the PDF as my gift for the holidays.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Doctor and Dietician

Stress-Induced Depression; Exercise



by Ross Hauser, MD
and Marion Hauser, MS, RD

Researchers at the Karolinska Institute of Sweden have found there is a potent mechanism that occurs through exercise to keep our mood from bottoming out under stress. A component called Kynurenic acid, a natural downer released during times of stress, is neutralized by endurance exercise. Doctors have prescribed exercise for many years with the knowledge that it can be just as effective as medication therapy, but they didn't know exactly how that benefit was derived. Exercise has become a hot topic in the sciences, especially neuroscience, because of the role exercise plays in triggering the growth

of new brain cells. This information can then be used to improve the treatment of mood disorders.

When carrying out this study, the Swedish researchers expected to find that exercise released feel good chemicals, but instead, they found that exercise actually releases a very strong "don't feel bad" component that blocks the depressing Kynurenic acid from entering our brains in the first place. People with stress-induced depression have high levels of Kynurenic acid. So much so, that it is a reliable marker in the blood to diagnose the condition. Kynurenic acid passes the blood brain barrier and causes inflammation and the resultant depression. The "don't feel bad" component – PGC-1 alpha – changes the structure of Kynurenic acid, so it can't cross the blood brain barrier.

Even if the stressors remain, exercise works to block the Kynurenic acid. Exercising keeps muscles well-trained and the anti-Kynurenic acid mechanisms in good shape, while holding depression at bay. Aerobic exercise seems to be the best exercise for the anti-Kynurenic acid mechanisms to be released, but all kinds of exercise are beneficial to our overall health, slowing the decline of aging and improving mental function.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My daughter must have been born bossy, and her personality has never changed. She demanded and forced me into an assisted living community, which I cannot afford. I needed a little help, but not this lack of independence. In order for my insurance to pay, I have to just give up and let others do all of my care – care that I could do myself.

What can I do to get out of this mess?
Miriam

Dear Miriam,

You are a competent adult. As such, you can make your own choices regarding where you want to live.

My experience has been that well meaning adult children err on the part of safety for their parents without understanding the serious consequences on independence and happiness for their parents. I believe that there is a place for assisted living, however, it must be the right time, and sometimes that time never comes for many older people.

Discuss with your physician his or her perspective of your health status and ability to be independent in the home. Then, pick up the phone and start locating needed services for your home. The trend is for older adults to live in their own homes. There are many companies in the business of providing in-home services.

Pryce

Dear Miriam,

I was always under the impression that living communities checked out the person's ability to pay, first and foremost.

I would call my attorney and tell him your problem. Does your daughter have power of attorney? If not, you can make your own decisions and find out your options. Are there other family members who could help you? Maybe this daughter could get advice from them.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

From page 23

Alliance Storytellers

speaking presentations. As he advanced as a speaker, he discovered the art of storytelling and the National Storytelling Festival. He became a storyteller and initiated a series of Story Slams, including the one set for January 25.

- Pamela Minton comes from a family of storytellers and continues the tradition. She is a retired professor of speech from Edison College and holds a Master of Arts in Communication from Brigham Young University. She is a member of Toastmasters International and earned the Distinguished Toastmaster designation, the highest award that Toastmasters bestows. She is also a published author of *Lessons of the Spider*.

- Marilyn Graham retired in 2014 from a 40-year career as a librarian and library administrator. She was introduced to storytelling when she worked as a children's librarian during her career. She has been a member of the Tamiami Tale Tellers for 20-plus years, and has organized and produced many of its storytelling programs and workshops. Graham is now an award-winning photographer.

- Scott J. Vail is a United States Navy veteran, an entrepreneur and a professional speaker. He is a Toastmaster who has achieved the Distinguished Toastmaster Award, the highest honor that Toastmaster bestows.

For more information or to purchase tickets, visit www.ArtInlee.org or call 939-2787.✱

PETS OF THE WEEK

Although Tia is 9 years old, keep in mind that is just middle age for a small dog. She is a spayed female Chihuahua mix who is vivacious and can climb stairs with swift speed. Tia should win the Miss Congeniality Award and loves to greet everyone she meets. She also enjoys car rides and belly rubs and would love a forever home before the holidays.

Her adoption fee is \$25.

Don't wait till the last minute to bring home a kitten this holiday season. Adorable little Jingles is a 2-month-old domestic short hair female who would be the perfect companion for the whole family. All cats and kittens are 2-for-1, so why not adopt a friend for her too?

Her adoption fee is \$20 (regularly \$75) during Animal Services' Home 4 The Holidays adoption promotion through December 30.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Tia ID# 682518



Jingles ID# 683503

PAWS Of Sanibel

Cassie Belle

We still have Cassie Belle and are desperately still searching for her family. She's a beautiful, fluffy, spayed female kitty, approximately one year old. She does not have a micro chip. She was picked up by the Sanibel Police the evening of the Luminary, Friday, December 2, at 800 Casa Ybel Road in front of Unit 7, not far from Bank of the Islands. She's been combo tested and had a rabies shot. She is an incredibly sweet little girl, and I'm sure someone is really missing her. If she is your baby, you have any idea where she lives, or know her people, call Pam, 472-4823.*



Cassie Belle

photo courtesy PAWS of Sanibel

CARD OF THANKS

PAWS would like to express its appreciation to all those that gave so generously this year for the care of our stray, abandoned, and otherwise in-need animals. To all of you that continuously support us, throughout the year, Thank you so very much.

Thank you to the local businesses that display our collection jars on their counters, with special thanks to Footloose H2O Outfitters at Jerry's shopping center, and to Huxter's Liquor and

Wine. The folks at these two businesses go above and beyond to help PAWS! We appreciate it and can't thank you enough. PAWS is a 501(c)3, Not For Profit, and we could not exist without the financial support of our community to keep us going. If you're considering your end-of-year tax deductible contributions, please think of all the animals in need and add PAWS to your list.

Send tax deductible contributions to PAWS at: PO Box 855, Sanibel, Florida 33957.*

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

UNSPOKEN
BEVERAGE
OF CHOICE

- ACROSS**

1 Out on — (in potential danger)

6 “I’m just sayin’,” in a text

10 Letters after chis

14 Apple variety

18 — de Mayo

19 Indian melodies

21 “Don’t say it!”

22 Famed flood figure

23 Challenges

24 School, in France

25 Card game for one

27 Start of a riddle

30 Popular Eli Lilly brand

31 Sacred vow

32 Tidies

33 Riddle, part 2

38 Fit — bill (shacks)

41 Octet count

46 “You Got It” singer

49 Ghostly spirit
- 52 Trivial lies

53 Riddle, part 3

58 Cozy spot

59 Publishes

60 Morales of Hollywood

61 Citrate, e.g.

63 Burrito

64 Riddle, part 4

68 Like a king

71 Pupa-to-be

73 Microwave, informally

74 Islamic holy city

75 Turn liquid

77 Riddle, part 5

82 — Lama Ding Dong” (1961 hit)

83 Like a scornful villain’s face

84 “Für —” (piano classic)

85 Annual sports awards

87 TV actress

88 Roosevelt’s terrier

90 — West (life jacket)

93 End of the riddle
- 100 Devotee

104 Tombstone lawman

105 Theater area

106 Riddle’s answer

111 Sent by plane, as a letter

112 Ghostly

113 Pop singer

115 Word after a noun, often

116 Snow glider

117 “Fear Street” author R.L. —

118 Perfect spots

119 Big ice cream brand

120 Old fast jets, for short

121 Finger sound

122 TV “explorer” and others
- 7 1993 siege site in Texas

8 1952 Walt Kelly comic strip collection

9 “The Misfits” actor Eli

10 Swank

11 “Flee, fly!”

12 Off the coast

13 Evening do

14 Out of place

15 Silk pattern

16 RBI king

17 The mating game?

20 Catches sight of, biblically

26 Josh

28 —Ops (CIA mind games)

29 “— ya up to?”

30 Curious pet

34 See 70-Down

35 “Taboo” cable chan.

36 Copy a tiger

37 “Keep dreaming!”

42 Assuming it’s necessary

43 Fashion’s Armani

44 “Veep” cable channel
- 45 “Tut” relative

46 Flees

47 Perfume from flower petals

48 “— my fault”

49 Singer

50 Stocking tips

51 168 in a wk.

53 Car navig. aid

54 Man-mouse link

55 Old indoor light source

56 “Go back” PC key

57 “... we’ll — a cup o’ kindness ...”: Burns

62 Deuce

64 Lyricist

65 Neighbor of Switz.

66 34th prez

67 Lowest tier of a parking garage, perhaps

69 “Further ...”

70 With 34-Down, chew out

72 Beetles, e.g., briefly
- 74 CAT scan relative

75 Three, in Milan

76 — -been

78 “Judge not, lest — judged”

79 Roe, e.g.

80 Spouts forth

81 Biblical kingdom

86 “Yes and no”

88 Mink cousins

89 Pain-relief pill

90 More clouded

91 Insect feeler

92 Conceit

94 Careless

95 Boring tools

96 Devil’s place

97 Notable time

98 Leaning

99 Afro, e.g.

100 Tequila plant

101 Dehydrated

102 Cheerful

103 Feet, in verse

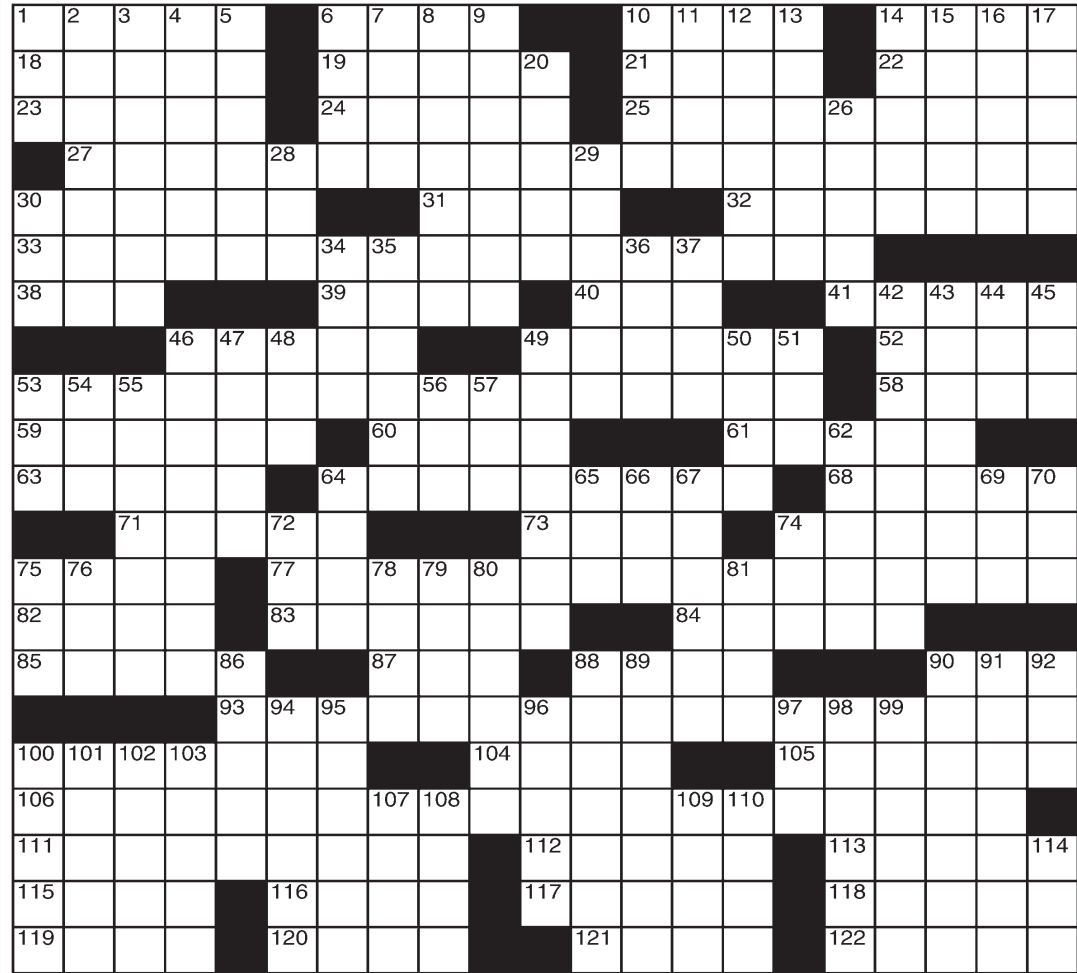
107 Cross paths

108 Roush and Byrnes

109 Singer

110 Don’t discard

114 Mag. printing



King Crossword

- ACROSS**

1 More, to Manuel

4 Humorous one

7 St. consisting of two peninsulas

8 Infants

10 Raccoon relative

11 Expiated

13 Executive, often

16 Island garland

17 Mill input

18 Pair

19 Sorts

20 Huffed and puffed

21 Many Christmas trees

23 Portobello alternative

25 Actor Gregory

26 Volcanic out-flow

27 Exist

28 Persistent attack

30 Bashful

33 Cabal member

36 Mexican entree

37 Neighborhoods

38 Rind-
- removing tool

39 Taleteller

40 Trawler need

41 Young fellow

7 Fashion

8 Foundation

9 Put down roots

10 Western st.

12 Wooden peg

14 Annoys

15 Ply oars

19 Squid squirt

20 Underwear with under-wire

21 1990s presidential candi-date

22 Polar feature
- 23 Creche trio

24 Generally

25 Campaign fundraising grp.

26 Shunned one

28 Trap

29 Archipelago component

30 Lieu

31 Frost

32 Decade parts (Abbr.)

34 Muscat's land

35 Met melody

MAGIC MAZE ● FALL BACK

R P E B Y W T E R O L J G E B

Y W U U R P T N K I G D B Z X

V K K K C A B W A R D S Q O M

K I C C C G E Y C A Y W U S D

Q P N A A A K C A B L L U P R

L J V H B B B N F W E C E A A

Y X C O U N T E R M A N D V W

T A E R T E R E V U U K E S K

Q P N M S K J U S O T H C F C

E C B E Z Y X V T U M E E A A

E S R E V E R E K O V E R T B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Back away

Back up

Backward

Countermand
- Draw back

Move back

Pull back

Recede
- Reset

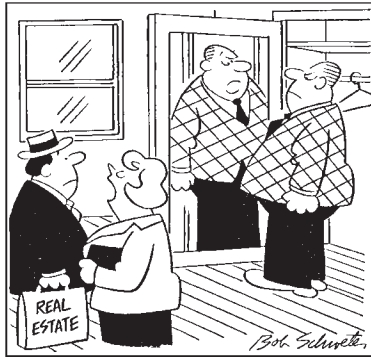
Retreat

Return

Revoke
- Set back

Turn back

Vacate



"A bit of advice — if you want to sell my husband, the _____ has to go!"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Somber _____
ROMEOS _____
 Fury _____
GEAR _____
 Fairy _____
PRIEST _____
 Cavort _____
PROM _____

TODAY'S WORD

	3			7		4		
8			6		1		7	
		7			9			6
	9	3	1				4	
	2				5	3		
6				3			1	2
		1			4	7		
4			8			2	6	
	8			5				4

SUDOKU

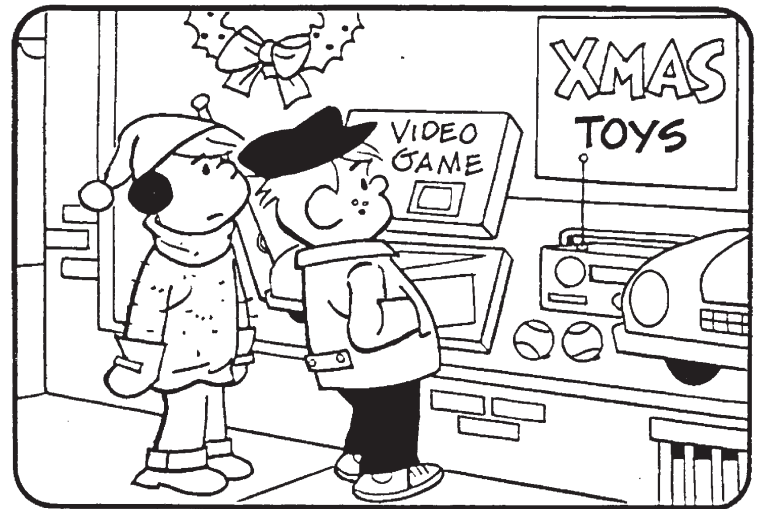
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

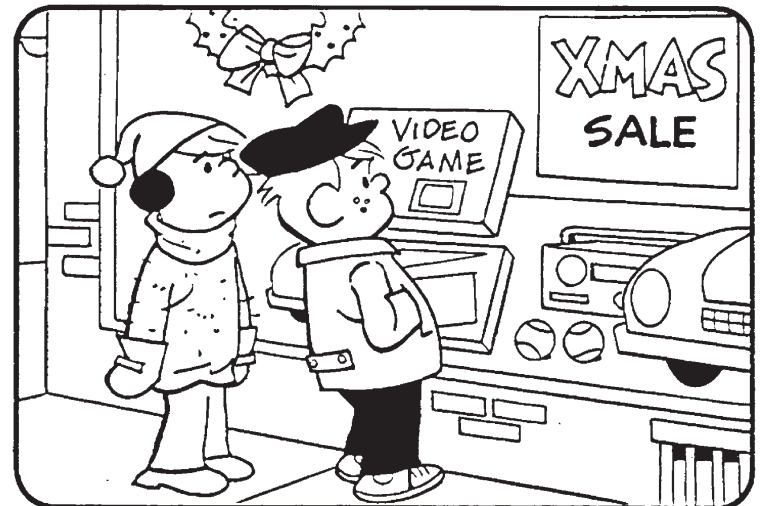
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Tassel is shorter. 2. Cuffs are missing. 3. Baseball bat is missing. 4. Arm is moved. 5. Sign is different. 6. Antenna is missing.

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Fancy Seafood Gumbo

12 ounces oysters, drained
 8 ounces blue crab claw meat
 1/2 cup chopped onion
 1/2 cup chopped celery
 1 garlic clove, minced
 1 tablespoon butter
 1 teaspoon anise seeds
 1 teaspoon salt
 1/2 teaspoon sugar
 1 teaspoon crushed red peppers
 1 10-ounce package frozen okra
 2 20-ounce cans diced tomatoes
 Remove remaining shell or cartilage from oysters and crab and set aside. Cook onion, celery and garlic in butter until tender. Add anise, salt, sugar, peppers, okra and tomatoes. Cover and simmer for 15 minutes. Add oysters and simmer an additional 15 minutes. Add crab and heat thoroughly. Serve over rice.
 Yields eight to 10 servings.✱



Fancy Seafood Gumbo

photo courtesy Fresh From Florida

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"Wir Sprechen Deutsch"

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PUZZLE ANSWERS

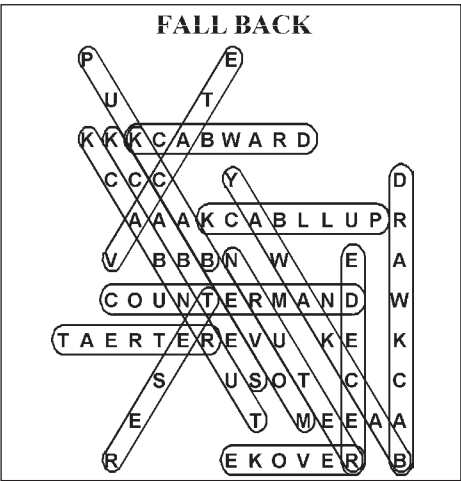
SUPER CROSSWORD

A	L	I	M	B	F	W	I	W	P	S	I	S	I	M	A	C
C	I	N	C	O	R	A	G	A	S	O	H	N	O	N	O	A
T	E	S	T	S	E	C	O	L	E	S	O	L	I	T	A	I
W	H	E	N	P	E	O	P	L	E	W	H	O	A	R	E	P
C	I	A	L	I	S	O	A	T	H	N	E	A	T	E	N	S
A	T	P	L	A	I	N	G	C	H	A	R	A	D	E	S	
T	H	E	N	A	O	H	T	O	S	E	I	G	H	T		
R	A	I	T	T	W	R	A	I	T	H	F	I	B	S		
G	O	O	U	T	T	O	G	E	T	H	E	R	F	O	R	
P	R	I	N	T	S	E	S	A	I	E	S	T	E	R		
S	A	L	S	A	C	O	C	K	T	A	I	L	S	R	E	G
L	A	R	V	A	N	U	K	E	M	E	D	I	N	A		
T	H	A	W	W	H	Y	D	O	E	S	E	V	E	R	Y	B
R	A	M	A	S	N	E	E	R	Y	E	L	I	S	E		
E	S	P	Y	S	B	E	A	F	A	L	A	M	A	E		
O	R	D	E	R	T	H	E	S	A	M	E	T	H	I	N	G
A	D	M	I	R	E	R	E	A	R	P	R	I	A	L	T	O
G	R	E	A	T	M	I	M	E	S	D	R	I	N	K	A	L
A	I	R	M	A	I	L	E	D	E	E	R	I	E	T	R	I
V	E	R	B	S	L	E	D	S	T	I	N	E	E	D	E	N
E	D	Y	S	S	S	T	S	S	N	A	P	D	O	R	A	S

KING CROSSWORD

	M	A	S		W	A	G									
	M	I	C	H		B	A	B	E	S						
C	O	A	T	I		A	T	O	N	E	D					
A	D	M	I	N	I	S	T	R	A	T	O	R				
L	E	I		G	R	I	S	T		T	W	O				
		I	L	K	S			B	L	E	W					
	P	I	N	E	S		M	O	R	E	L					
P	E	C	K			L	A	V	A							
A	R	E		S	I	E	G	E		S	H	Y				
C	O	C	O	N	S	P	I	R	A	T	O	R				
	T	A	M	A	L	E		A	R	E	A	S				
	P	A	R	E	R		L	I	A	R						
		N	E	T			L	A	D							

MAGIC MAZE



SUDOKU

2	3	6	5	7	8	4	9	1
8	4	9	6	2	1	5	7	3
5	1	7	3	4	9	8	2	6
7	9	3	1	8	2	6	4	5
1	2	4	9	6	5	3	8	7
6	5	8	4	3	7	9	1	2
3	6	1	2	9	4	7	5	8
4	7	5	8	1	3	2	6	9
9	8	2	7	5	6	1	3	4

My Stars ★★★★★

FOR WEEK OF DECEMBER 26, 2016

ARIES (March 21 to April 19) With the new year's opportunities almost within reach, the Arian's courageous aspects are raring to go. And don't be surprised if a lot of people follow the zodiac's most trusted leader.

TAURUS (April 20 to May 20) Change lies ahead for the brave Bovine who is ready to shuck off the tried and true to try something new. But appearances can be deceptive. Check it all out before you charge into anything.

GEMINI (May 21 to June 20) This week promises a peek into what the new year holds for the Gemini Twins, both in love and careers. Family matters continue to be a factor in decisions you're going to be facing.

CANCER (June 21 to July 22) As you move into the new year, your travel aspects grow stronger, and you might find yourself making decisions about a destination and a traveling companion sooner than you'd expected.

LEO (July 23 to August 22) The new year holds both glitter and gold. This means Leos and Leonas should begin getting the facts they'll need to separate the real thing from the sham in order to make important decisions next year.

VIRGO (August 23 to September 22) A good way to start the new year might be to arrange for a visit to someone you haven't seen in a long time. You also might want to pick up that project you put off a while back.

LIBRA (September 23 to October 22) As you contemplate the new year's potential, you might want to talk things over with people who are or have been where you want to go. Their experience and advice can be helpful.

SCORPIO (October 23 to November 21) Someone close to you might feel like you have no more room for him or her in your life. This calls for immediate reassurance of your love so you can start the new year on a high note.

SAGITTARIUS (November 22 to December 21) The coming year will bring more people into your life. Some situations might not work out as well as others. But overall, everyone earns

something, and that's always a good thing.

CAPRICORN (December 22 to January 19) The new year could find you indulging in one or more of the hobbies you've always wanted to take up. And don't be surprised if they ultimately direct you toward a new career.

AQUARIUS (January 20 to February 18) The artistic Aquarian should find more opportunities in the new year. You might even make some potentially helpful contacts as you gather to ring in the year 2012.

PISCES (February 19 to March 20) The new year offers challenges for Pisceans who want to make better use of the skills they now have and learn new ones. Personal relationships show stronger positive aspects.

BORN THIS WEEK: Although at times you tend to be a bit judgmental, you are generous and caring and very much beloved.

THIS WEEK IN HISTORY

• On Dec. 30, 1903, a fire in the Iroquois Theater in Chicago kills more than 600 people. The fire inspector had declared the theater "fireproof beyond all doubt," even though it had no fire alarm and no sprinkler system over the stage. An asbestos curtain turned out to be made of paper, and the exits were locked.

• On Dec. 27, 1932, at the height of the Great Depression, thousands turn out for the opening of Radio City Music Hall, an Art Deco theater in a formerly derelict neighborhood in Manhattan. Since its opening, more than 300 million people have attended events at Radio City.

• On Dec. 29, 1940, London suffers its most devastating air raid when German planes firebomb the city. The next day, a newspaper photo of St. Paul's Cathedral standing undamaged amid the smoke and flames seemed to symbolize the city's unconquerable spirit.

• On Dec. 28, 1973, Aleksandr Solzhenitsyn's "literary investigation" of the police-state system in the Soviet Union, "The Gulag Archipelago, 1918-1956," is published in the original Russian in Paris. Soviet officials were livid, and Solzhenitsyn was arrested, stripped of his citizenship and deported.

• On Dec. 31, 1985, former teen

idol Rick Nelson dies in plane crash in Texas. Nelson launched his pop career in 1957 by singing in an episode of "The Adventures of Ozzie And Harriet."

STRANGE BUT TRUE

• It was notoriously prolific American author and academic Isaac Asimov, who died in 1992, who made the following sage observation: "There is a cult of ignorance in the United States, and there always has been. The strain of anti-intellectualism has been a constant thread winding its way through our political and cultural life, nurtured by the false notion that democracy means that 'my ignorance is just as good as your knowledge.'"

• If you're like 10 to 20 percent of the U.S. population, you suffer from "coulrophobia," a fear of clowns.

• In Linden, California, a man saw a rabbit scurry into an irrigation pipe. Worried about the animal's safety, he got two other men to help him lift the 44-foot-long pipe and urge the rabbit out. Their kindly behavior wasn't rewarded, however; while the men were lifting it, the pipe touched a 12,000-volt electrical wire, electrocuting all three of the Good Samaritans.

• Those who suffer from Moebius syndrome are incapable of showing expressions on their faces -- not a frown or a smile or a quizzical lift of an eyebrow. They often are found sleeping with their eyes open.

• Between 1976 and 1987, no red M&M candies were produced.

• A collection of items that belonged to Eva Braun, Adolf Hitler's longtime companion (and, very briefly, his wife), recently went up for auction. Among the items was a pair of her underwear, lilac with white lace and ribbon trim, embroidered with her initials. An unnamed collector bought the undergarment for more than \$3,500.

• If you want to get a karat's worth of diamond, you'll have to mine, on average, 23 tons of ore.

THOUGHT FOR THE DAY

"Every normal man must be tempted at times to spit upon his hands, hoist the black flag and begin slitting throats." -- H.L. Mencken

SCRAMBLERS

solution

1. Morose; 2. Rage;
3. Sprite; 4. Romp

Today's Word
MIRROR

TRIVIA TEST

1. Nursery Rhymes: What line follows the rhyme, "Baa, Baa, Black Sheep"?
2. Geography: What river flows through the city of Vienna, Austria?
3. Movies: What movie was based on a play called "Everybody Comes to Rick's"?
4. U.S. Presidents: What did President William McKinley die from in 1901?
5. Mythology: What was the Greek counterpart of the Roman god Cupid?
6. Television: What was the name of the van in the "Scooby-Doo" animated series?
7. U.S. States: What is the official state flower of Kansas?
8. Food & Drink: What herb is commonly used to make pickles?
9. Inventions: What 19th-century trapeze artist created a bodysuit that bears his name?
10. Science: What type of rock is basalt?

TRIVIA ANSWERS

1. I. "Have you any wool?" 2. The Danube 3. "Casablanca" 4. A gunshot wound from an assassination 5. Errol 6. The Mystery Machine 7. The sunflower 8. Dill 9. Jules Leotard 10. Igneous, a rock formed from volcanic lava 1.

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

OPEN HOUSE

See Gorgeous Views of Bay & Gulf at Punta Rassa! Monday, December 26 from 10 am to 12pm. 15011 Punta Rassa Road, Unit #802 just before Sanibel Causeway in Fort Myers. Call VIP Realtor Brian Johnson at 239-910-3099 upon arrival to gain access. Beautiful HGTV-style remodel!
*RS 12/23 CC 12/23

MARCH WEEK TIMESHARE SALE

Hurricane House, Sanibel. SW corner unit on water. Sleeps 6. Golf/tennis included at Dunes. \$45,000. Call owner 416-725-7772.
*NS 12/2 CC TFN

BEACH ROAD CONDO

Short walk to the Beach 2BD/2BTH Asking \$399,000 Call or text Chris 914-629-9434 www.forsalebyowner.com listing #24084259 for details
*NS 12/16 CC 1/6

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*RS 4/29 CC TFN

COMMERCIAL RENTAL

NEW STUDIO RENTAL

Studio or small 1 bedr. wanted by quiet 68 yr. semi-retired property owner & landlord himself, clean & physically fit. Pay rent or exchange for caretaking, lawn care, painting, carpentry, chores, etc. 7 yr. previous Sanibel resident & fishing club member. State lic. auctioneer & appraiser. 603-679-8101 charliereid@tlc.net.
*NS 11/11 CC TFN

COMMERCIAL RENTAL

OFFICE SPACE FOR RENT

Great office space for rent. 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009.
*RS 12/23 CC TFN

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.
*RS 8/5 CC TFN

FORMERLY WOOSTER TV HIGHLY VISIBLE FIRST FLOOR SPACE



2424 PALM RIDGE ROAD FORMERLY WOOSTER TV 1,250 SQ FT 5 YEAR LEASE \$1,890/MO INCLUDES ALL CAM CALL JOHN 239 472 6543
*RS 12/2 CC TFN

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*RS 1/4 CC TFN

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*RS 1/4 BM TFN

SEASONAL RENTAL

RE/MAX OF THE ISLANDS

Putting owners and tenants together Call Ryan Block www.remax-oftheislands.com 239-472-2311
*RS 1/23 BM TFN

'NEW' COTTAGE FOR RENT!

Buttonwood Lane Darling beach cottage, 2BR/1BA, pool, 5 lots to the beach, fenced yard, pets allowed w/approval. Completely renovated/remodeled, private and very upscale! New to the market... BOOK NOW! Prefer multi-month renter! Email: info@baileysbeachcottage.com Website: baileysbeachcottage.com
*NS 10/14 CC TFN

ADORABLE COTTAGE AVAILABLE NOW!

Steps to beach - Very Private Prices Reduced for Jan, Feb or March 2 bed/1 bath W/D Screened porch Sleeps 4 comfortably Quiet Residential Neighborhood East End near Lighthouse Point Small dog considered w/approval Local owner: 727.644.6493 www.seagrapecottageatsanibel.com
*NS 12/16 CC TFN

SANIBEL BEACH COTTAGE MINUTES TO BEACH!

Old Florida charm with all new updates! Ground-level duplex on private lane. Unit 1-2BR/1.5BA, sleeps 6, exercise room. Unit 2-2BR/1/BA, sleeps 7. Each unit has fully equipped kitchen, separate laundry, wooded backyard w/privacy fence. Outside enclosed H/C shower. Bikes, beach chairs, umbrellas provided. Pets w/approval. Min 1 month-March/April still available! Contact Chris: 314-406-7058 cgbeckner@yahoo.com.
*NS 12/16 CC 12/23

FEBRUARY 2017 NOW AVAILABLE

Lovely 3 BR, 2 BA old Florida style home. Steps to beach, open floor plan, lots of light. 239-851-9057 (owner ph.) Email: slowfoodtravels2@gmail.com
*NS 12/23 CC 1/6

ANNUAL RENTAL

ANNUAL RENTALS

SANIBEL
Ground Level, 3/2 UF, Clean, Freshly painted, minutes to Beach. Call to view. \$2,000/mo.

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Gated condo. complex, this Clean 2nd floor, Lake Front 2/2 UF Gorgeous shape. Close to Beaches. \$1,350/mo.



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*RS 11/4 BM TFN

ISLAND COTTAGE

Charming 3/2 island cottage renting for 2017 Mid island close to beaches and island amenities. Jan- May \$4,000 monthly June-Oct \$1,800 monthly Contact 2600coyle@gmail.com
*NS 11/18 CC 5/26

SERVICES OFFERED

ISLAND TAXI

Airport & Local Service 239-472-4888 Call Madeline to make a reservation. Experienced Staff & Drivers. www.IslandTaxi.com
*NS 12/9 CC 2/24

HOUSE SITTING

Newly retired lady golfer lives in Switzerland but wants to spend winters in the sun! Looking to house sit. Presently on island til 28 Dec. 239-314-9991.
*NS 12/23 PC 12/23

REGISTERED NURSE

Highly skilled, looking for private duty in - home carepatients
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• Certified in pain management
• Certified in case management
• CPR certification
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• Superb communicator with a variety of patient types and skilled in providing a pleasant and sympathetic home health care experience
• Follow standards and protocols of clinical practice in nursing patients at home
• Following professional conduct for delivering nursing care to patients
If interested please call: Rane Ingram at 660-723-0944 or email me at renee.belland.nurse@gmail.com
Resume and references available upon request
*NS 12/16 CC 12/23

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Sanibel & Captiva Islands. Exterior & Interior Cleaning. Tire Dressing. I come to your Home, Condo or Hotel. Reasonable Rates. Satisfaction Guaranteed. 239-284-3639.
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*NS 10/21 CC TFN

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*NS 5/20 CC TFN

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*NS 12/9 CC TFN

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*NS 10/14 CC TFN

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*NS 1/4 PC TFN

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*RS 12/23 CC TFN

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theviolinschool@earthlink.net.
*NS 12/16 CC 12/23

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Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
*NS 1/25 BM TFN

HELP WANTED

HELP WANTED

Live on the Island and looking
for PT work 2-3 days per week.
Flexible schedule. Call 472-4886.
*NS 11/4 BM TFN

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energetic, personable, and fun
individuals, with open availability
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If interested call and ask for
John, Norm Sarah 472-9300.
1700 Periwinkle Way
*NS 5/6 BM TFN

HELP WANTED

SUP INSTRUCTOR

Yoloboard Adventures seeking paddler to
teach SUP lessons, guide tours, and do
rentals and deliveries. Experience helpful
but not necessary. FT or PT positions
available. Call 239-249-4701
*NS 12/2 CC 12/23

FITNESS CENTER ATTENDANT

The Sanctuary Golf Club is looking for a
Fitness Center Attendant to join the team.
This position is full-time, seasonal, starts in
Jan 2017 & ends approximately in May.

The Fitness Center Attendant will greet
and assist all visitors to The Sanctuary's
Fitness and Wellness Center.

The Sanctuary offers an attractive
compensation & benefits package
including, a competitive wage, medical
& life insurance coverage, 401k plan, toll
reimbursement for Sanibel Causeway
(if needed), employee golf privileges
& merchandise discounts, health club
membership, & meals.
If interested, please call
Barbara at 239-284-4495.
*NS 12/16 CC 12/23

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experienced Administrative Receptionist for
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Professional office experience in a
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For consideration, please email a resume
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*NS 12/23 CC 12/23

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*NS 12/2 CC 12/23

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*RS 1/4 NC TFN

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LOAN NEEDED

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home. Amount needed is \$150,000. This
will payoff existing debt.
Please respond to
sanibelforme@hotmail.com
*NS 7/22 CC TFN

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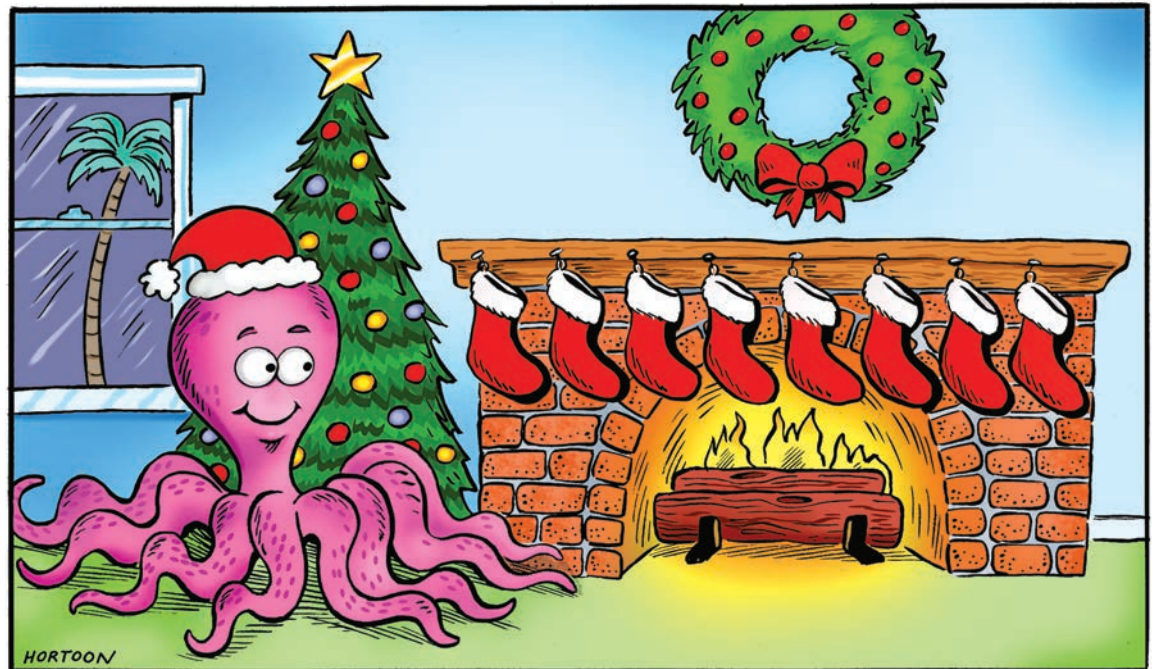
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*NS 11/18 CC TFN

LOST AND FOUND

LOST CAT

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Reward.
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*NS 12/9 CC TFN

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2016	4,930	\$5,925,000	\$5,750,000	154
Flamingo Park	Fort Myers Beach	2015	4,278	\$4,900,000	\$4,550,000	35
Tuscany Isle	Bonita Springs	2013	5,427	\$3,199,999	\$3,250,000	12
Bonita Beach	Bonita Springs	1978	3,000	\$2,999,000	\$2,900,000	75
Island Shores	Fort Myers Beach	1956	919	\$1,995,000	\$1,700,000	125
Cape Coral	Cape Coral	2007	6,110	\$1,685,000	\$1,480,000	248
Bayview Acres	St. James City	2008	4,092	\$1,290,000	\$1,062,500	5
Sanctuary	Bonita Springs	2002	3,233	\$1,239,000	\$1,175,000	46
Useppa Island	Useppa Island	1979	3,409	\$1,165,000	\$925,000	335
Brynwood	Fort Myers	1973	4,508	\$899,000	\$815,000	141

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*The New York Times
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